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Check out our website

Registered Charity Number

1168597

Web: www.south-manchester.u3asite.uk



www.facebook.com/groups/807060236097165



“Calm”

An entry for the South
Manchester u3a Facebook
weekend photo competition

by Helen Chambers

Beautiful reflections in the
canal. Taken on a walk from
Manchester to Salford in
August

November 2024 Newsletter items to: editor.smu3anews@gmail.com

NO LATER than Monday 21st October 2024

Printed by Peter Woolley, Offset & Digital Printers, 31 Barlow Moor Road, Didsbury, M20 6TW. Tel: 0161 445 9607

Email: matt@didsburyprinters.co.uk. Web: www.didsburyprinters.co.uk

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GENERAL MEETING at DIDSBURY BAPTIST CHURCH

Tuesday 1st October 2024

Groups’ Fair at 2.00pm followed by

“Beekeeping in South Manchester” by Alan Towse at 2.30pm

See page 5 for details

Parking at Didsbury Baptist Church - Would members please note that there is no parking at the church with the exception of temporary drop-off for the catering team. (Blue Badge holders could use double yellow lines)

If you have any information about members’ special birthdays, anniversaries, illness, bereavements, etc. please notify Kath Thompson on



Message from the Chair

Dear friends,

Another month has passed and we are seeing the nights draw in, the weather getting colder, and fires switched on. Winter fuel payment or not, we need warmth. If you are struggling, please see your GP, local councillor or even your MP to get advice. We all need warmth.

A few weeks ago I was in the Cotswolds at a beautiful hotel. The food was delicious and the company great, but our rooms were cold and my teeth even chattered as it was so cold at times. It made me realise how much we need and value being warm and having warmth around us. Warmth is not just heat from radiators or fires, but also it comes from friendship and our love for one another. We show warmth by the way we greet one another with a smile, hug or handshake. We show warmth when we get alongside people who are hurting, lonely or bereaved and we sit with them, supporting them with our presence. In our groups we show warmth in welcoming new members, new ideas and new ways of presenting a topic. Yes, we need warmth and I believe that the u3a is a means of bringing this to many people.

This month is our Groups' Fair and I do hope that you all get involved, by helping, joining or starting a new project. It is good to hear that we are running out of display tables as more groups take part. A very big THANK YOU to all group leaders and members. You are the u3a. Well done! As you enjoy a cuppa at the Groups' Fair, make sure that no one is left out and give each other a warm welcome.

A warm cosy room is comforting. May our u3a be such a comfort and support to us all, and may the warmth we show to each other attract many more to join us.

A warm welcoming hug to you all.

Beryl

WANT TO IMPROVE YOUR MEMORY? - TRY CHESS

Studies carried out in Australia and the U.S., show that chess players tend to have better memory, attention span, and overall brain function than those who do not play.



Whether you're an absolute beginner or a grand master, our Chess Group would welcome you as a member.

They meet in Didsbury Parsonage at 10.30 on the last Thursday of the month. If you'd like to learn to play or to practice your existing skill, please email Rosemary Mallace:

NATIONAL AND NORTH WEST NEWS

National: www.u3a.org.uk for latest news of u3a around the country and courses/events on offer.

National Newsletter: September newsletter can be found here [September National Newsletter](#)

North West Region: www.u3asites.org.uk/north-west for the latest information and newsletter

SOUTH MANCHESTER u3a NEWS

SMu3a welcomes the following new members

David Vallance	Laura Vallance	Tina Dunn	Andrew Sherry
Joan Naughton	Alan Mason	Amanda Padbury	Karen Butcher
Beryl Davies	Berna Hayes	Lynne Moffitt	Debbie Jones
Mark Longhill	Iris Flaum	Norman Hickey	Amey Inglesia

Tradesperson Book

Is available at general meetings. It will only be of value if members use it, so please do.

South Manchester u3a General Meeting Speakers

Tuesday 1 st October 2024 at 2pm	Groups' Fair
Tuesday 1 st October 2024 at 2.30pm	"Beekeeping in South Manchester" by Alan Towse
Tuesday 5 th November 2024 at 2pm	"The Heritage of Gilbert & Sullivan" by Bernard Lockett
Tuesday 3 rd December 2024 at 2pm	"A Crooning Christmas" by Kevin and Joy Siddall



WEST DIDSBURY ASTRONOMICAL SOCIETY

EVERYONE WELCOME - FROM COMPLETE BEGINNER TO EXPERIENCED ASTRONOMER

Monday 7th October 2024 at 7pm

"Artificial Intelligence in Astronomy" by Professor Anna Scaife

Monday 11th November 2024 at 7pm

"It's Not Rocket Science" by Steve Barrett

As usual, meetings take place at Nazarene Theological College. Visitors welcome.

For more details visit www.wdas2.com.

South Manchester u3a September General Meeting

Tuesday 1st October 2024 at 2pm

At Didsbury Baptist Church, School Lane

Groups' Fair

At the start of our general meeting, we are holding our annual Groups' Fair.

Many of our group leaders will be available to introduce you to their groups and what they do. Do you fancy learning a new language? Do you want to learn to juggle? Do you want to improve your writing skills? Whatever you want to do, we will probably have a group to suit you. Come along to the Groups' Fair and see what's on offer.

This is followed at 2.30pm by: -

"Beekeeping in South Manchester" by Alan Towse



**Stockport
Beekeepers**



Alan is school liaison secretary for the Stockport Beekeepers Association. The association supports beekeepers in the Stockport area through courses, meetings and events. They also educate organisations and the public about honey bees and the craft of beekeeping. The Stockport Beekeepers teaching apiary is located at Woodbank Park, Park Lane, Offerton, Stockport.

Alan will share his experiences of bees and beekeeping and perhaps he may convince you to set up your own apiary.



Didsbury Probud Programme 2024

Didsbury and District Probud Group meet on the 1st and 3rd Thursday of the month. Unlike many Probud clubs, we are a mixed group of men and women. Annual membership is £40.

Thursday 3rd October 2024

"Bringing Law to Life with a Laugh" by Sue Holden

A retired solicitor strives to convey both her enthusiasm and learning in her entertaining insight into the law

Thursday 17th October 2024

"AVRO and the Legacy of Aviation History"

All meetings are held in the Didsbury Baptist Church, School Lane, opposite the Scout Hut and Didsbury Metrolink station.

Tea/coffee and biscuits are served from 10.30am before the talk at 11am.

Visitors are very welcome. Any donations from visitors to help with running costs would be very helpful.



u3a Christmas Lunch

Wednesday 4th December 2024 at 12.30 for 1.00pm

Hough End Centre, Mauldeth Road West, M21 7SX

Last Day for Booking is 17th November 2024

It's that time again and we need you to decide if you will definitely be attending — and to pay. The cost is £20 per head. The room hire and catering charges have both increased this year but we have decided to subsidise the lunch and keep the price at the previous level.

Last year the event was a big success. The food was good and everybody enjoyed the occasion. Hopefully we can repeat it this year.

When booking, please specify your choice of meal: traditional turkey dinner or vegetarian wellington and either Christmas pudding with brandy sauce or bread and butter pudding with ice cream and/or brandy sauce or ice cream alone.

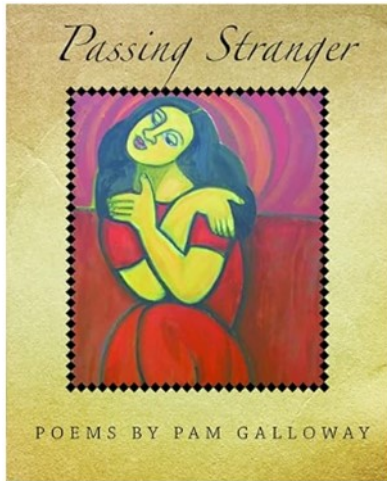
There will be some community singing and we hope that the ukelele group will perform. Suggestions for other entertainments will be welcomed (no strippers!!). There will also be a raffle and a quiz. I hope that you can cope with the excitement

If you will be attending the October or November general meeting, you can sign the list and pay using card, cash or cheque. If you want to book but won't be attending the general meeting, please send your name and meal choices to _____ or by post to: _____. We would prefer that you paid by bank transfer, if possible, using your name followed by Xmas as a reference. The bank details are as follows: -

Account Name:
Account Sort Code:
Account Number:

Alternatively, you can send a cheque made out to South Manchester U3A





Passing Stranger

By Pam Galloway

A memoir in poetry which marks many of life's key moments, through infertility, motherhood, marriage breakdown and ultimately hope for the future.

Pam is a member of South Manchester u3a and wrote this book in 2014 whilst she was living in Toronto, Canada. It is now available for purchase in the UK through Waterstones, Blackwells and Abebooks.

This isn't a new book but its themes are timeless, recounting stories which many can relate to. It may be of interest to u3a members

... And another new group joins the list!

That makes 8 new groups added to the South Manchester u3a activities this year, all of which offer the opportunity to enjoy doing the things which interest you, and make new friends to share them with.



The Knit and Natter Group

This group starts on Friday 25th October 2024. Meetings will start at 2pm on the last Friday of the month and will initially be held in Diane's home.

The group will work on either their own projects or on items for charity. Don't worry if you can't knit—this is the place to learn. It's never to late!

For further information contact Diane:



COMMUNITY SING-ALONG GROUP

On Thursday 17th October at 2pm we are performing at BELONG on Palatine Road.

We will not be gathering in November, but in December we will help staff and patients at Buccleuch Lodge, our local NHS Intermediate Treatment Centre, to celebrate together at 2pm on Wednesday 18th December.

As ever, new voices are always welcome. You need only to enjoy singing well-known songs in unison with lyrics provided. We've recently added Simon and Garfunkel songs to our repertoire, but the traditional and musical theatre songs from the 50's onwards remain there, together with The Beatles and ABBA, etc.

Contact Mike Evans for more details on

The Green Thing

Helen Nicolson found this amusing article “somewhere on the internet”. She wants to share it with you. So, the next time that your grandchildren complain that you have been responsible for destroying their planet, get them to read this article.



In the queue at the supermarket, the cashier told an older woman that she should bring her own carrier bags because plastic bags weren't good for the environment. The old woman apologised to her and explained “We didn't have the green thing back in my day”. The cashier responded “That's our problem today. Your generation didn't care enough to save our environment”.

She was right – our generation didn't have the green thing back in the day. Back then, we returned milk bottles, pop bottles and beer bottles to the shop or off-licence. They sent them back to the factory to be washed, sterilised and re-used. Hence, the same bottles could be used over and over again. So, actually, they were recycled. But we didn't have the green thing back in our day. We walked up the stairs because we didn't have lifts and escalators in every shop and office building. We walked to the local shops. We didn't climb into our cars every time we had to go to the supermarket. We bought fruit and veg loose and then we washed them at home. We didn't have to throw away bins full of plastic, foam and paper packaging that need huge recycling plants fed by monster lorries all day, every day. But she was right. We didn't have the green thing back in our day. Back then, we washed the baby's nappies because we didn't have the throw-away kind. We dried clothes on a line, not in an energy-gobbling machine. Wind and solar power really did dry the clothes. Kids got hand-me-down clothes from their brothers or sisters (hand-made or hand-knitted, of course). They seldom received brand-new clothing shipped from the other side of the world.

That old lady was right. We didn't have the green thing back in the day. Back then, the shops repaired things with strange objects called spare parts. We didn't need to throw away whole items because a small part failed. Back then, we had one TV or radio in the house – not a TV in every room. The TV had a small screen the size of a handkerchief (remember them?), not a screen the size of Wales. In the kitchen, we blended and stirred by hand. We didn't have electric machines to do everything for us. When we packaged a fragile item to send in the post, we used a wadded-up old newspaper to cushion it, not Styrofoam or plastic bubble wrap. Back then, we didn't fire up an engine and burn petrol just to mow the lawn. We used a push mower that ran on human power and hand-clippers for the hedges. We exercised by working, so we didn't have to go to brightly-lit, air-conditioned health clubs to run on treadmills that operate on electricity and then drink millions of bottles of that special water from those plastic bottles. But she was right. We didn't have the green thing back in the day.

We drank from a fountain when we were thirsty instead of using a plastic cup or plastic bottle every time we had a drink of water. We refilled writing pens with ink instead of buying a new plastic pen. We replaced blades in a razor instead of throwing away the whole plastic razor just because the blade had become dull. But we didn't have the green thing back in the day. Back then people took the bus and kids rode their bikes to school or walked, instead of turning their parents into a 24-hour taxi service. We had one electrical socket in each room, not an entire bank of sockets to power a dozen appliances. We didn't need a computerised gadget to receive a signal beamed from satellites 2,000 miles out in space in order to find the nearest fish and chip shop.



But isn't it sad that the current generation laments how wasteful we old folks were just because we didn't have the green thing back in the day?

Community Care Navigators

We help people navigate access to care and support in the community.

We work with you, connecting you to the right service that is available to you, at the right time, depending on your support needs. We are a non-clinical service.

How do Care Navigators work?

We understand that it can be difficult navigating your way through what is available in your local neighbourhood to help with any health or wellbeing issues. We will listen and liaise with you and our community colleagues to explore what you already have in place. We then identify any gaps in support and link you into these services.

It's all about what matters to you

We listen to what's important to you. We can discuss your health and social care needs in a place of your choice such as your home, local community hub or GP surgery. We can also talk over the phone.

Who we can connect you to

We link in with other health and social care professionals to help you access the support you need. This includes: GPs, social worker and community nursing.

We also link with lots of other community resources local to you, including local charities, day centres, voluntary groups, and social enterprise organisations.

Who is this service for?

We work with anyone who is 18 years old and above.

They must have a Manchester or Trafford GP or live in Manchester or Trafford.

How long will I receive this service?

Once we have connected you with the appropriate services within your community our input will end.

Who provides this service?

This service is provided by Manchester Local Care Organisation (MLCO). MLCO is the organisation that provides NHS community healthcare and adult social care in the city. We are a partnership organisation between the NHS and Manchester City Council.

Contact Information and Opening Times

Monday to Friday 9am—5pm

Telephone: 0300 303 9650

Email: mft.spa-uhs@nhs.net

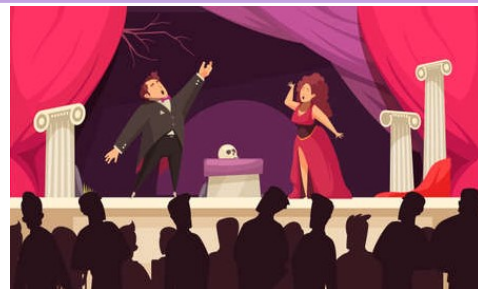
CALLING ALL OPERA AND BALLET LOVERS

Last month we told you about opera at the Menorah synagogue.

You should also be aware that Opera North perform at the Lowry in Salford Quays.

Performances are: -

Wednesday 13 th November 2024	A Midsummer Night's Dream
Thursday 14 th November 2024	Ruddigore
Friday 15 th November 2024	The Magic Flute
Saturday 16 th November 2024	The Magic Flute



But did you know that you can watch **live** opera, ballet and theatre performances at cinemas including Cineworld at Parrs Wood?

Here are a list of live performances for the rest of this year:-

The Royal Ballet

Tuesday 15 th October 2024	Alice's Adventures in Wonderland
Tuesday 10 th December 2024	Cinderella
Tuesday 17 th December 2024	The Nutcracker
Sunday 22 nd December 2024	The Nutcracker

The Metropolitan Opera (New York)

Saturday 5 th October 2024	Les Contes d'Hoffmann by Offenbach
Saturday 19 th October 2024	Grounded by Jeanine Tesori
Saturday 23 rd November 2024	Tosca by Puccini

Whilst live productions of opera and ballet will be most people's preference, these "live" productions at the cinema are a very close second best.

Tickets for seniors are around £16.50 if booked online.

If you need more help or more information, please contact Joan Timm:

A man who has trained his dog to play the trumpet on the London Underground said that he went from Barking to Tooting in just over an hour.



QUIZ

MANCUNIANS

These were famous Manchester residents. Using the names shown below, can you find a poet, a famous TV actor, a comedienne, a computer pioneer, a Prime Minister, a suffragette, a painter and a champion of family planning.

T	A	S	E	F	H	E	T	Y	L	C	S	O	L
N	Y	E	J	O	H	N	T	H	A	W	H	F	L
A	L	A	N	T	U	R	I	N	G	E	S	O	O
U	G	L	S	L	O	W	R	Y	O	L	D	S	Y
O	R	T	O	M	L	H	R	A	O	R	R	I	D
O	I	M	A	R	I	E	S	T	O	P	E	S	G
O	A	R	E	D	K	R	E	R	R	U	N	R	E
N	T	E	D	G	A	P	A	E	E	E	R	E	O
E	A	C	S	Y	E	H	H	U	E	N	A	L	R
C	A	R	O	L	A	N	N	D	U	F	F	Y	G
T	G	G	R	I	R	C	H	O	N	C	A	L	E
T	S	R	U	H	K	N	A	P	E	A	I	E	L
F	A	K	U	E	R	H	I	O	R	N	A	O	N
C	A	R	O	L	I	N	E	A	H	E	R	N	E

Lloyd George

Alan Turing

Caroline Aherne

E Pankhurst

Carolann Duffy

L S Lowry

John Thaw

Marie Stopes

ANSWERS ON PAGE 15



Walking for Health Group 1 – Tuesday 27th August 2024

Stockport to Reddish



Another lovely walk for the group. We met in Mersey Square in Stockport and walked through Heaton Norris Park then onto Penny Lane, trying very hard not to sing that famous Beatles song. At the end of Penny Lane, we entered Reddish Vale Country Park and walked across fields and through woods, passing a pond where we saw a heron searching in the water for his breakfast. Luckily, we saw him catch something, almost as though he put on a show for our benefit. After a brief stroll alongside the river Tame, we walked up a cobbled path, which I assume was an old pack horse trail, and out of the country park into Reddish where we had a lovely meal at the Carousel pub. Great food and great service! We even managed to escape the rain. The heavens opened just after we got into the pub.

Walking for Health Group 2 Walk - Wednesday 9th October 2024



Walkden to Worsley

A 3-mile walk following the Roe Green Loopline. Mostly level with good paved paths with a few steps up and down. No stiles. May be muddy. Wear suitable shoes or boots, bring a wet coat and a bus pass if you have one. Meet at Victoria station by the information board at 10.15. Lunch available at the Barton Arms in Worsley. If you want to come, phone Anne Clarke on

Walking for Health Group 1 Walk -Tuesday 29th October 2024

Poynton to High Lane

A 3.7-mile walk. Gentle incline near the beginning for a mile. Can be muddy in places. Wear suitable shoes or boots, bring a wet coat and a bus pass if you have one. Meet at Manchester Piccadilly station near platform 1 at 10.30. Lunch available at the Red Lion in High Lane. If you want to come, phone Ian Burn on

SMu3a Groups A-Z LIST

Check Group News and this month's diary. Contact Group Leader before attending.

ANGLO SAXON AND MEDIEVAL HISTORY	Meetings are on the 1st and 3rd Mondays of the month at 10.30 via Zoom. This group covers all aspects of Anglo Saxon and Viking life in depth through language and social history readings and discussions. <p style="text-align: right;">Beryl Cowen</p>
ART APPRECIATION	Monthly meetings held at Didsbury Parsonage on the afternoon of the third Wednesday of the month cover a wide variety of artistic topics. Talks are either by the leader Diane Ward or guest speakers, followed by tea and discussion. <p style="text-align: right;">Diane Ward</p>
BIRDWATCHING AND NATURE	Meeting on the first Wednesday of every month from 11-12. Ideal Exploring birds in their natural habitats interacting with plants and trees. <p style="text-align: right;">Rita Berriman</p>
BOARD GAMES	Lots of different games are played by this group which meets at the Parrs Wood pub from 2-4 pm on the second Friday of the month. <p style="text-align: right;">Christine Salamone</p>
BOOK GROUP 1	Meeting at 10.30 am in Meg's home in Didsbury on the first Wednesday of the month. A small friendly group who enjoy reading and discussing a wide variety of books. <p style="text-align: right;">Meg Davis</p>
BOOK GROUP 2	Held at Didsbury Library 1.30 pm on the fourth Thursday of the month, meetings are led by members in turn to discuss titles suggested and agreed by the group members. <p style="text-align: right;">Tom Grimshaw</p>
BOOK GROUP 3	This group meets on the second Thursday of the month at 1.30 pm. There's no fixed venue but we meet in our homes on a rota. <p style="text-align: right;">Johanna Keane</p>
BRIDGE	Held at the Nazarene College, Didsbury. This group meets fortnightly on Fridays from 10 to 12 noon. This group is for experienced players only. <p style="text-align: right;">Liz Thornhill</p>
BRIDGE for BEGINNERS	This group meets fortnightly on Mondays from 1.30-3.30, at Emmanuel Parish Centre on Barlow Moor Rd. This group is for beginners and improvers although more experienced players are also welcome to join. You don't need a partner. <p style="text-align: right;">Hilary Poole</p>
CHESS	The Chess group meets at 10.30 am on the last Thursday of the month at Didsbury Parsonage. <p style="text-align: right;">Rosemary Mallace</p>
CINEMA	Meeting on the last Friday of the month at 12.15 in the downstairs bar of HOME, 2 Tony Wilson Place. This group watches a variety films then meets afterwards to discuss them. Group Leader emails what's on the Tuesday before the meeting. <p style="text-align: right;">Russell Ramsden</p>
CIRCUS SKILLS	We meet at St Christopher's Church in Withington on the 1st Thursday of the month from 2-3 pm and at Circus House in Longsight on the 3rd Thursday from 2-3 pm. We are having a lot of fun learning how to juggle, spin plates and hoola-hoop. Some weeks we practice by ourselves and some weeks we have a juggling teacher from Circus House. Equipment provided and no skill needed apart from being able to pick a ball up from the floor. <p style="text-align: right;">Joanie Yoffe</p>
COMMUNITY SING-ALONG	This group sings well known songs in unison (no rehearsal time needed) in residential homes. Dates and times vary. <p style="text-align: right;">Mike Evans</p>
CREATIVE PHOTOGRAPHY	The group meets at Didsbury Parsonage at 10.30 on the second Monday of every month. The emphasis is on creativity rather than technical skill. <p style="text-align: right;">Ann Howarth</p>
CREATIVE WRITING	We meet at Withington Library on the last Friday of the month at 10.30 am. Members read and discuss their writings. New members always welcome. <p style="text-align: right;">Diana Bradley</p>

CURRENT AFFAIRS	This group meets to share and discuss items in the news on the 4th Thursday of the month at 1.30 pm in Ye Olde Cock pub, Didsbury. Adrienne Simpson
DRAMATIC READERS	Held on the 3rd Friday of the month, both face to face and by Zoom. Beryl Cowen
EGYPTOLOGY	This group meets at 10.30-12.30 on the third Thursday of the month at Didsbury Parsonage, to discuss all aspects of early Egyptian art and culture. Kathryn Fyfe
FRENCH CONVERSATION	We meet on the third Tuesday of the month 2 - 3pm at Pizza Express in West Didsbury. Speakers of all levels of conversational French are welcome. Jean Thompson
GERMAN CONVERSATION	This group is for those who would like to practice their spoken German. Diane Ward
GETTING BY IN WELSH	At 10.30 on the first Friday of every month, this group meets at St Nicholas Church, Burnage to discuss the language, history and culture of Wales. Beryl Cowen or Wena Stevenson
HOLIDAY CLUB	Keep an eye on the monthly newsletter for information about forthcoming holidays.
ITALIAN CONVERSATION	We are a small group looking to improve our Italian through listening and conversation. Please note that there is a separate group for learners – see Parliamo Italiano below. We meet on the 1st and 3rd Friday mornings of the month from 10.30 – 12.00. Annie Dodd
KEEP FIT	This fitness group caters for a variety of fitness levels – there is no competition! It meets every Friday morning at 11.30 at St Nicholas Church Hall in Burnage. Anne Clarke
LOCAL INTEREST VISITS	These will be advertised in the newsletter from time to time. Jill Evans
LUNCH CLUB	The club meets monthly at a variety of local restaurants and pubs, chosen with a view to ease of parking or public transport as well as price. John Olbrich
OPERATIC AND VOCAL APPRECIATION SOCIETY (OVAS)	Lovers of opera and music meets from 3.30 – 5.45 on the last Wednesday of every month. Len Evans
PARLIAMO ITALIANO Let's speak Italian!	A friendly and fun group for people who have little or no Italian but would like to learn. We aim to be able to understand and use familiar everyday expressions and basic phrases which would be of value on an Italian holiday. We aim to be able to interact in a simple way and to improve with time so that in due course, members could move on to the Italian Conversation group or attend both. We meet at St Christopher's Church, Moorgate Avenue, from 10.30 – 12.00 on the 2nd and 4th Fridays of the month. Andrew Bradbury
PHILOSOPHY	This group meets at 1.30 pm at Withington Library on the third Tuesday of the month. Sandra Grant
PLAYREADING	Meetings are at Withington Library at 1.30 on the third Tuesday afternoon of the month. Numbers are limited for this group, but please contact the group leader to register your interest. Helen Nicolson (text or leave a voice message as I do not answer unknown numbers)
POETRY APPRECIATION	Poems on a chosen theme are discussed on the 1st Monday of the month from 11.00-12.30 at Victoria Grange, Barlow Moor Road. The group is currently full. Contact group leader to go on waiting list. Lynne Taylor

POETRY WRITING	This group meets on the 2 nd Friday of the month from 2pm – 4pm at Withington Library Paul Grace
PSYCHOLOGY	This group meets on the 1st Monday of the month at 2pm via Zoom and the 4th Monday of the month face to face at St Nicholas Church, Burnage at 1pm. Beryl Cowen
SINGING FOR FUN	This group meets on the 2nd and 4th Tuesdays of the month at 2pm at Didsbury Baptist Church Judith Newton
SPANISH CONVERSATION	This group meets on the 1 st and 3 rd Thursdays of the month at 2 pm at the Slug and Lettuce in Didsbury Debbie Delange
TABLE TENNIS AND BADMINTON	Every Tuesday from 10.00-12.00, this group meets at the Armitage Centre, Moseley Road, Fallowfield. Equipment can be provided and the cost per session is £3.50. June Slatter
TAI CHI	Gentle exercise which benefits balance and calmness at the Lower Hall, Emmanuel Offices, behind the church from 1-2 pm every Tuesday. Peggy Foster
UKULELE	Would you like to strum and sing along with the ukelele group? Beginners are welcome. We meet from 10 – 11.15 at the Upper Hall of Emmanuel Parish Centre, behind the church, every Thursday Gerard Allcock
WALKING FOR HEALTH 1	Walks of around 3 miles are enjoyed by this group on the last Tuesday of every month. Details are given in the newsletter. Ian Burn or Shirley Shaw
WALKING FOR HEALTH 2	This group meets on the second Wednesday of every month to follow the same route as Walking for Health Group 1. Anne Clarke

ANSWERS TO MANCUNIAN QUIZ

T	A	S	E	F	H	E	T	Y	L	C	S	O	L
N	Y	E	J	O	H	N	T	H	A	W	H	F	L
A	L	A	N	T	U	R	I	N	G	E	S	O	O
U	G	L	S	L	O	W	R	Y	O	L	D	S	Y
O	R	T	O	M	L	H	R	A	O	R	R	I	D
O	I	M	A	R	I	E	S	T	O	P	E	S	G
O	A	R	E	D	K	R	E	R	R	U	N	R	E
N	T	E	D	G	A	P	A	E	E	E	R	E	O
E	A	C	S	Y	E	H	H	U	E	N	A	L	R
C	A	R	O	L	A	N	N	D	U	F	F	Y	G
T	G	G	R	I	R	C	H	O	N	C	A	L	E
T	S	R	U	H	K	N	A	P	E	A	I	E	L
F	A	K	U	E	R	H	I	O	R	N	A	O	N
C	A	R	O	L	I	N	E	A	H	E	R	N	E

October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Table Tennis / Badminton 10:00</p> <p>TaiChi 13:00-14:00</p> <p>General Meeting & Group's Fair. 14:00- 16:00 Didsbury Baptist Church</p>	<p>2 Book Group 1. Meg's house 10:30.</p> <p>Bird Watching & Nature 11:00-12:00 Note: If interested, please contact Rita: [REDACTED]</p>	<p>3 Ukulele 10:00 - 11:15</p> <p>Circus Skills 14:00-15:00. St Christophers Church M20 1HE</p> <p>Spanish Conversation 14:30 Slug & Lettuce</p>	<p>4 Bridge 10:00 - 12:00 (Every Friday)</p> <p>Italian Conversation 10:30 – 12:00</p> <p>Getting by in Welsh 10:30 Didsbury Methodist Church</p> <p>Keep Fit 11:30</p>
<p>7</p> <p>Photography 10:30 The Parsonage Stenner Lane.</p> <p>Poetry Appreciation 11:00-12:30 Victoria Gr.</p> <p>Improvers/ Beginners Bridge 13:30 - 15:30 <i>New players see 14th.</i></p> <p>Psychology 14:00 zoom</p>	<p>8</p> <p>Table Tennis / Badminton 10:00</p> <p>TaiChi 13:00-14:00</p> <p>Singing for fun 14:00 – 16:00 Didsbury Baptist Church.</p>	<p>9</p> <p>Walking for Health 2. See Newsletter</p>	<p>10</p> <p>Ukulele 10:00 - 11:15</p> <p>Book Group 3. 13:30 (Closed group)</p>	<p>11</p> <p>Parliamo Italiano (Andrew) 10:30-12:00 St. Christopher's Church Moorgate Ave. M20 1HE</p> <p>Keep Fit 11:30</p> <p>Board Games 14:00-16:00 Parrswood Pub</p> <p>Poetry Writing 14:00-16:00 (Withington Library)</p>
<p>14</p> <p>Anglo Saxon and Medieval History via zoom 10:30</p> <p>Improvers/ Beginners Bridge 13:30 - 15:30 <i>Please Note: New players must email Hilary before the session date.</i> [REDACTED]</p>	<p>15</p> <p>Table Tennis / Badminton 10:00</p> <p>TaiChi 13:00-14:00</p> <p>Playreading 13:30</p> <p>Philosophy 13:30 (Withington Library)</p> <p>French Group 14:00 Pizza Express.</p>	<p>16</p> <p>Note: The Lunch Club is Not meeting this month. <i>To be added to the list please contact: [REDACTED]</i></p> <p>Art Appreciation 14:00 Didsbury Parsonage.</p>	<p>17</p> <p>Ukulele 10:00 - 11:15</p> <p>Egyptology 10:30-12:30 The Parsonage.</p> <p>Community Sing-Along 14:00 BELONG</p> <p>Circus Skills 14:00-15:30. Circus House. Longsight Business Park. M13 OPD</p> <p>Spanish Conversation 14:30 Slug & Lettuce</p>	<p>18</p> <p>Bridge 10:00 - 12:00</p> <p>Italian Conversation 10:30 – 12:00</p> <p>Keep Fit 11:30</p>
<p>21</p> <p>Improvers/ Beginners Bridge 13:30 - 15:30 <i>New players see info 14th Oct.</i></p>	<p>22</p> <p>Table Tennis / Badminton 10:00</p> <p>TaiChi 13:00-14:00</p> <p>Singing for Fun 14:00 – 16:00 Didsbury Baptist Church</p>	<p>23</p>	<p>24</p> <p>Ukulele 10:00 - 11:15</p> <p>Chess 10:30 The Parsonage</p> <p>Book Group 2. 13:30 Didsbury Library (Closed group)</p> <p>Current Affairs 13:30 The Old Cock Pub</p>	<p>25</p> <p>Bridge 10:00 - 12:00</p> <p>Creative Writing 10:30</p> <p>German Conversation 10:30</p> <p>Keep Fit 11:30</p> <p>Parliamo Italiano No meeting this week.</p> <p>Cinema 12:15</p>
<p>28</p> <p>Anglo Saxon and Medieval History via zoom 10:30</p> <p>Improvers/ Beginners Bridge 13:30 - 15:30 <i>New players see 14th</i></p> <p>Psychology 13:30 E. Didsbury Methodist Church</p>	<p>29</p> <p>Table Tennis / Badminton 10:00</p> <p>Walking for Health 1 See Newsletter</p> <p>TaiChi 13:00-14:00</p>	<p>30</p> <p>OVAS 15:30 – 17:45 [REDACTED]</p>	<p>31</p> <p>Ukulele 10:00 - 11:15</p>	