

**INSIDE THIS
ISSUE:**

VJ DAY 80

15th August marks 80
years since VJ day.
Find out more Page 5

**PLASTIC, PLASTIC
EVERYWHERE**

Frances Kelly tells us
about a major
problem Page 6

**IT'S ALL GREEK TO
ME**

Try our mythological
quiz Page 11



Check out our website

Registered Charity Number
1168597

Web: www.south-manchester.u3asite.uk



www.facebook.com/groups/807060236097165



Victory in Japan Day (VJ Day) remembered 80 years on

September 2025 Newsletter items to: editor.smu3anews@gmail.com

NO LATER than Thursday 21st August 2025

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GENERAL MEETING at DIDSBURY BAPTIST CHURCH

Tuesday 5th August 2025 at 2.00pm

“The History of Manchester Theatres” by Marilyn Shalks

See page 5 for details

Parking at Didsbury Baptist Church - Would members please note that there is no parking at the church with the exception of temporary drop-off for the catering team. (Blue Badge holders could use double yellow lines)

If you have any information about members’ special birthdays, anniversaries, illness, bereavements, etc. please notify Kath Thompson on



Message from the Chair

Hello again everyone.

I hope that you are managing to stay cool. I wrote this letter during our third heatwave midway through July. School holidays are here again and grandmas and granddads have a big role to play this month in the lives of their grandchildren. Never underestimate the value placed on you and the enduring love you have.

My 28 year old granddaughter is coming with me to Scotland next year for a grand tour. I felt flattered to be asked. It will be fun and I think I will be her navigator for the journey. I felt valued when she asked because we had taken her all over Europe as a child. I have a year to get my stamina up!

Never forget your value. Your experiences of life and life values need to be shared. You still have lots to do.

I am writing this after a concert singing in the Bach Choir. It was great fun and we all felt appreciated at the end. Singing for the old folks in Belong and other homes is also a very rewarding thing to do. Come along and join in the fun. You have something worthwhile to give to others.

On that note, we as a committee still need at least 2 places filling. So what about coming along and seeing what we do? The role of Speaker Secretary can be an easy one, as we have speakers booked to the middle of next year, but we still need someone to take us beyond that. We also need an Events Coordinator to link our u3a with other organisations where we can promote ourselves. This, too is not a difficult task for someone who is a “people person” and loves communicating. So come along to the committee and share your expertise.

Now, calling all group leaders: there will be a leaders meeting on Thursday October 9th at 2pm in the Baptist church. We don't want you to feel isolated or left out so, come and chat with us and share your aspirations with the committee over tea, coffee and biscuits.

Everyone remember that you are valued by us, so, share ideas and share yourself. Happy holidays.

Beryl



COFFEE MORNING

Tuesday 16th September 2025 at 11am

Didsbury Baptist Church

Come along and enjoy a free tea or coffee together with a nice biscuit and a good chat!

New members are especially welcome. Come and meet the committee, make friends and find out what's on offer in our u3a

For more information, contact Andrew: smu3a.secretary@gmail.com

NATIONAL AND NORTH WEST NEWS

National: www.u3a.org.uk for latest news of u3a around the country and courses/events on offer.

National Newsletter: July newsletter can be found here [July National Newsletter](#)

North West Region: <https://northwestregion.u3asite.uk/> for the latest information and newsletter

SOUTH MANCHESTER u3a NEWS

SMu3a welcomes the following new members

Christine Hennity	Anne Marie Basic	Barbara Periyar	Peter Brooks
Victor Hassan	Anne Hassan	Barbara Frankl	Elizabeth Jackson
Christine Marsden	Nicola Wilkinson	June Brown	Davis Finestein
Jo Mendoza	Jo Frankham	Peter Appleby	

Tradesperson Book

Is available at general meetings. It will only be of value if members use it, so please do.

South Manchester u3a General Meeting Speakers

Tuesday 5th August 2025 at 2pm	“The History of Manchester Theatres” by Marilyn Shalks
Tuesday 2nd September 2025 at 2pm	“The Discovery and Development of Graphene” by Dr. Ernie Hill
Tuesday 7th October 2025 at 2pm	“Osteopathy” by Jennifer Emmott
Tuesday 4th November 2025 at 2pm	“Hello Delia Murphy” by Carmel Cullen
Tuesday 2nd December 2025 at 2pm	A Performance by the SMu3a Choir and Ukulele Groups
Tuesday 6th January 2026 at 2pm	“The Neville Family and their Many Connections Including Didsbury, Burnage, and Bramall Hall” by Dr. Diana M Leitch BSc, PhD, FRSC
Tuesday 3rd February 2026 at 2pm	“The British in Palestine” by Paul Atherton
Tuesday 3rd March 2026 at 2.15pm	“Dementia. Can It Be Cured or Prevented?” by Dr. Robert Baldwin
Tuesday 7th April 2026 at 2pm	“My Life of Crime” by Simon Michael
Tuesday 5th May 2026 at 2pm	“All at Sea” by Mark Llewellyn
Tuesday 2nd June 2026 at 2pm	“Float to Live” by Gwyn Williams
Tuesday 7th July 2026 at 2pm	TBC
Tuesday 4th August 2026 at 2pm	“Centenarian Lady Hires Buff Butler” by Paul Isherwood

South Manchester u3a September General Meeting

Tuesday 5th August 2025 at 2pm

At Didsbury Baptist Church, School Lane

“The History of Manchester Theatres” by Marilyn Shalks



Marilyn Shalks gives a talk about the theatres of Manchester, their history and the amazing performers who have appeared there.

Marilyn left school at 16 and worked in retail all of her life until her retirement. She now volunteers in the Manchester Archives and the Manchester Jewish Museum Archives. She also volunteers in a women’s aid group and is a keen genealogist. She is a renowned blogger and has her own website:
<https://www.manchestertreathistory.co.uk/>.



VJ Day - 80th Anniversary

In our May issue, we reported on the 80th anniversary of VE Day on 8th May 2025. Whilst many would have thought that, on VE Day, the war was finally over but it most certainly was not for many young men. Fierce warfare continued in the east for another 3 months until Japan’s surrender on 14th August 1945 with VJ Day being marked on the following day. It took the horrendous dropping of 2 atomic bombs to finally end the war.

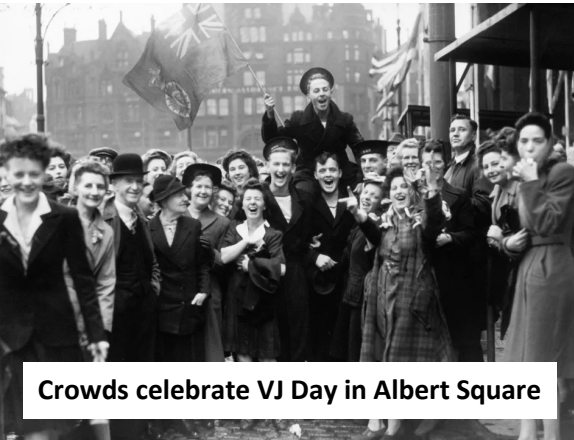
There was much joy and celebration around the world when, on 15th August 1945, US President Harry S Truman, declared the day as Victory over Japan Day at a White House press conference. President Truman announced that the Japanese Government had agreed to comply in full with the Potsdam Declaration demanding the unconditional surrender of Japan.

The end of war was to be marked by a two-day holiday in the UK, the USA and Australia. At midnight, the British Prime Minister Clement Atlee, confirmed the news in a broadcast saying, “The last of our enemies is laid low.”



The Prime Minister expressed gratitude to Britain's allies, in Australia and New Zealand, India, Burma, all countries occupied by Japan and to the USSR. But special thanks went to the United States "without whose prodigious efforts the war in the East would still have many years to run".

The following evening King George VI addressed the nation and the Empire in a broadcast from his study at Buckingham Palace.



Crowds celebrate VJ Day in Albert Square

"Our hearts are full to overflowing, as are your own. Yet there is not one of us who has experienced this terrible war, who does not realise that we shall feel its inevitable consequences long after we have all forgotten our rejoicings today."

Historic buildings all over London were floodlit and people crowded onto the streets of every town and city shouting, singing, dancing, lighting bonfires and letting off fireworks.

Crowds cheered and sang in the rain in Albert Square as the Manchester City Police band played to mark the end of six years of conflict.

The VJ Day celebrations were mirrored across Europe as allied soldiers formed a conga line in London's Regent Street and American and French troops paraded down the Champs Elysees.

Plastic, plastic everywhere and not a drop to drink...

By Frances Kelly

8 years ago, David Attenborough shocked us all with a programme showing how plastic was polluting our planet, even to the farthest reaches of the oceans.

But it didn't take long for the full import to be forgotten. Sure, some tea companies promised to remove plastic from teabags, but tests 2 years later showed only 2 brands free of plastic, (Clipper and PG Tips at that time in case you are curious). Fewer plastic bags are sold – but why are ANY sold at all?



Plastics on the ground break up and soon disappear to your eye. But get a microscope out and you can see the tiny bits left, never disappearing, just getting smaller and smaller until they can be eaten by microbes and absorbed into plants. You know that toothbrush you used when you were 8? It is still out there!

Does it matter?

Research has shown that lots of microplastics in the soil mimic the effect of drought: that is, plants have more difficulty taking up water, so agriculture is threatened. Even newer research indicates that microplastics inhibit plant photosynthesis – the basis of sustaining nearly all life on this planet. And now post-mortem studies from the US have shown plastic in the brain: in 2016 roughly 7g per brain (a few water bottle caps) and 50% more by 2024. And more studies have shown that when the brain's immune system cells (microglia) try to get rid of them by eating them, they swell up and can obstruct the brain's oxygen flow. Studies from China and from the US respectively, show that higher exposure to plastics increases mild cognitive impairment, and that people diagnosed with dementia have more microplastics in their brain than others. This mimics animal studies where, dosing hermit crabs and mice with microplastics, caused them to behave oddly. Many researchers in the field now refuse to store food or cook it in plastic. I haven't taken it that far – partly because of my age, but I would work to reduce it.



Plastics are useful, don't perish easily, can be brightly coloured (so we like them in a dull world) - and are cheap. They are cheap because they are a **bi-product of the oil industry**. And yet even on environmental demos, you see protesters with their one-use plastic bottle of water!

Why hasn't any Government taken action and banned single-use plastics, (for a start), other than in emergencies? Money? - The oil industry is powerful.

What can we do?

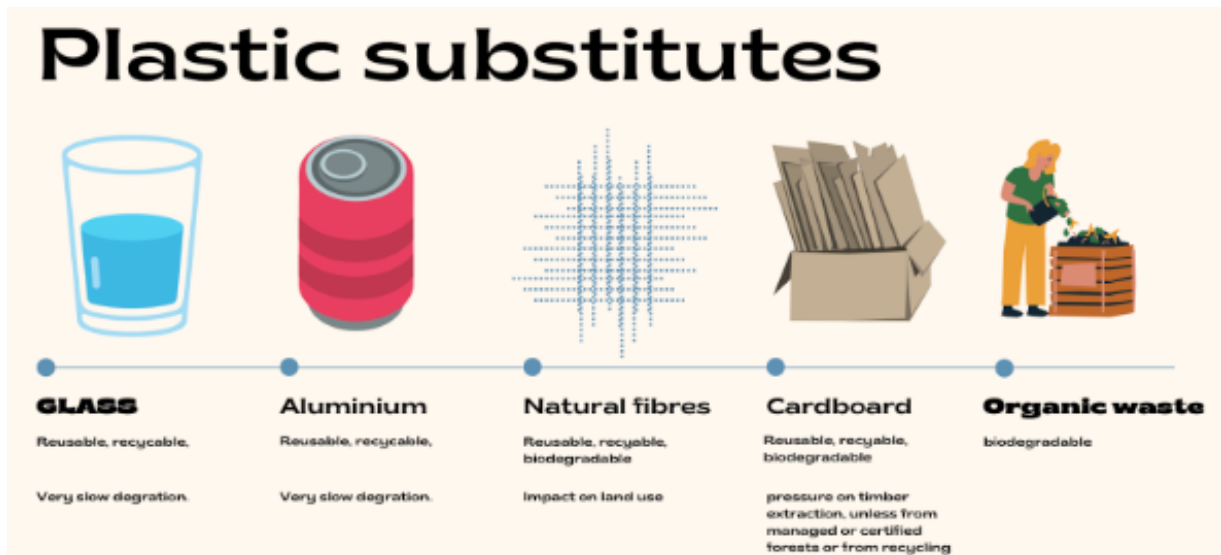
Of course, it would take time to replace all plastic in our society, by phasing it out, while scientists frantically find ways to deal with the layer of plastic in evidence across the globe. There may be no easy substitute for medical use – but that is a tiny fraction. But by now we should never be using single-use plastic. Time to buy that **reusable**, (yes, even if plastic), water bottle before the summer holidays. Always carry cloth bags and a reusable cup for coffee while out. Use solid soaps – not plastic bottles of handwash – and solid shampoos and conditioners. Many shops, like Lush, now sell them and a bar lasts a long time. Demand that your local supermarket stock them! New grandchild? Don't buy that pretty nylon frippery – get pretty cotton or bamboo (soft-cloth) frippery for them! They are the ones who will really suffer if we fail to act now.



Multi-use plastic? Avoid buying it if we can. In the garden, Bamboo plant pots are good – and will last longer, offsetting the cost. If we have it, use it carefully – but as soon as it shows signs of cracking or fraying dispose of it properly.

Will it make a difference? Every change has to start somewhere, but unless we change our behaviour too, our Government and Council won't believe we are serious.

How much? How long?



Plastics were invented in 1907 by a chemist named Leo Baekeland. By the 1950s, one million of tons of different plastics were produced every year. By 2017, humans had created about 9.2 billion tonnes of it, at about 400 million tonnes a year currently. Recycling deals with only 9% a year. But since microplastics break off the water bottle every time you unscrew it, recycling cannot be the answer.

There are now plastics derived from starch or similar, which bio-degrade – but only in the right circumstances. More research is needed but opt for these in the meantime.



COMMUNITY SING-ALONG GROUP

"**Learning , Laughing, Living**" is our SMu3a motto and when we **Sing-Along**, there's certainly a lot of '**laughing**', while both we and our audiences in residential and nursing homes, are equally blessed, by enhancing our '**living**' whilst joyfully recalling songs and the events in each of our lives with which they are associated.

But the '**learning**' part may be less obvious when, by definition, we're singing well-known songs with lyrics provided.

Yet recently, we've really taken our '**learning**' to heart as we extend our repertoire to new frontiers and find we need to reference YOUTUBE, SPOTIFY, and APPLE Music, etc. because the words and rhythms in particular, have escaped us.

For my part, I've just used Artificial Intelligence (A.I.), for the first time, to cut down some of the time it takes to create our latest song sheets. Have you tried it? I'll tell you next month how I have done!

We are giving the following performances: -

Monday 18th August 2025 at 2pm at BELONG (M20 2UW)

Monday 29th September 2025 at 2pm at BELONG

New voices are always welcome. We sing well-known songs in unison and without rehearsal.

Contact Mike Evans for more details on



Didsbury Probuss Programme 2025

Didsbury and District Probuss Group meet on the 1st and 3rd Thursday of the month. Unlike many Probuss clubs, we are a mixed group of men and women. Annual membership is £40.

Thursday 7th August 2025

"Volcanoes" by Peter Webb

What causes volcanoes to erupt, where are they likely to happen, what are the various stages of eruption, and how destructive can they be? Come and find out all about volcanoes and some of their after effects from this explosive presentation.

Thursday 21st August 2025

"A Day in the Life of an Airline Pilot" by Paul Thompson

Just think after all the rules, regulations, safety procedures, weather conditions and the variables of different airports, you then have the responsibility of piloting the aeroplane with freight and hundreds of passengers, (hopefully not unruly), to the correct destination.

All meetings are held in the Didsbury Baptist Church, School Lane, opposite the Scout Hut and Didsbury Metrolink station.

Tea/coffee and biscuits are served from 10.30am before the talk at 11am.

**FREE
TO
ATTEND**



WALKING

WYTHENSHAW FORUM SPORTS HALL, FORUM CENTRE,
SIMONSWAY, WYTHENSHAW, MANCHESTER M22 5RX

CRICKET

Walking Cricket is a fun, social and welcoming format of the game, played at a slightly slower pace and is ideal for men and women aged 50 plus, it is the perfect way to remain involved with the game and meet new people whilst staying active

EVERY TUESDAY FROM 1PM UNTIL 2PM - STARTING ON TUESDAY 9 SEPTEMBER



- SUITABLE FOR ALL ABILITIES**
- IMPROVE PHYSICAL FITNESS**
- SOCIAL INTERACTION**
- MEET NEW FRIENDS**
- HAVE ACTIVE FUN**
- IMPROVE MENTAL HEALTH**

For more information, contact:
EMAIL Kay Floyd
ON kfloyd@lancashirecricket.co.uk
OR CALL 07917 750 924

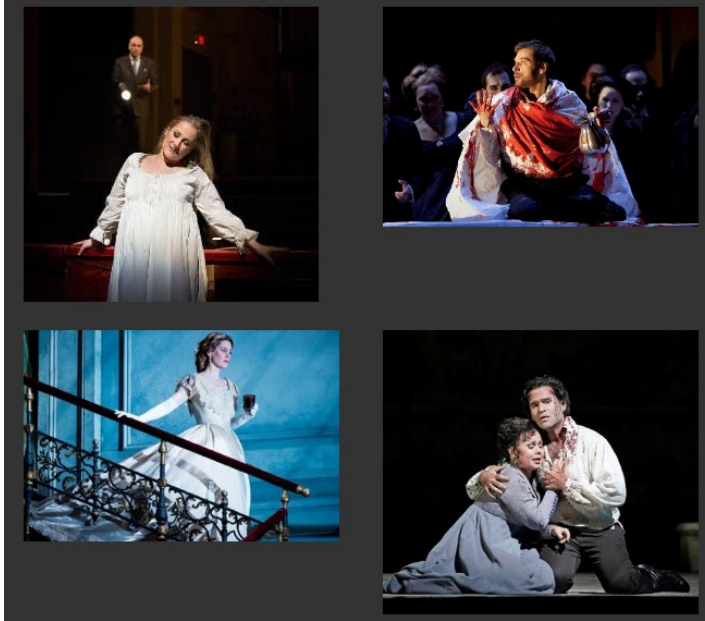
Lancashire Cricket Foundation is a Company Limited by Guarantee [5394384] and a Registered Charity [1121855]

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Opera at Menorah

Opera for All and Menorah Synagogue



Opera Appreciation with Diana Rosenthal

We are delighted to announce Diana's attractive new programme

Please share with your friends. We have plenty of room for more devotees!

All events are on Thursdays at 1.30pm

£10 per performance, paid at the door using card payment

Menorah Synagogue, 198 Altrincham Road, Wythenshawe, Manchester, M22 4RZ

Go to <https://menorah.org.uk/opera/> for more information

Autumn 2025 Programme

18th September - **LA SONNAMBULA (BELLINI)**

30th October - **HAMLET (AMBROISE THOMAS)**

13th November - **ARABELLA (R STRAUSS)**

11th December - **TOSCA (PUCCINI)**

**Don't wear headphones while vacuuming.
I've just finished the whole house before
realising that the vacuum wasn't plugged
in.**

QUIZ



i

ii



iii

Spring

It's all Greek to me

Name the mythological characters



iv



v



vii



vi

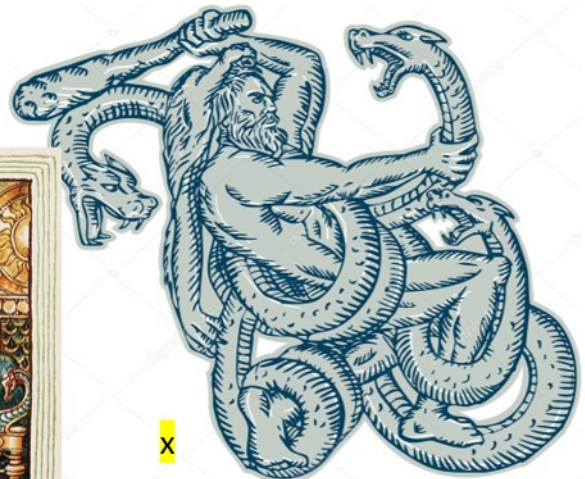


viii

Marigold and?



ix



x

ANSWERS ON PAGE 15



Walking for Health Group 1 – Tuesday 24th June 2025

Marple to Dobbie's Garden Centre via Peak Forest Canal



We met up in Stockport for our bus journey to Marple. The forecast predicted rain but we found ourselves, thankfully, in the dry. A walk through Marple Memorial Park took us on to the Peak Forest Canal where we followed the canal all the way to the Chadkirk Estate. It was here that the heavens opened and we got a little wet. The downpour only lasted 10 minutes, so we were able to complete our walk in the dry, passing through the Chadkirk estate and on to Dobbie's Garden Centre, where we enjoyed a light lunch together in the café.

Walking for Health Group 2 Walk - Wednesday 13th August 2025

Cheadle to Bramhall Green via Ladybrook Valley

A 3.2-mile walk. A walk from Cheadle to Bramhall Green following the Ladybrook Valley. No stiles, fairly flat but some steps, can be muddy in places. Wear suitable shoes or boots, bring a wet coat and a bus pass if you have one. Meet at Parrs Wood in front of the cinema at 10.20. Lunch at the Ladybrook pub in Bramhall Green. If you want to come, phone Anne Clarke on



Walking for Health Group 1 Walk - Tuesday 26th August 2025

Bromley Cross and Jumbles Reservoir

A 2.8-mile walk around Jumbles reservoir. Some steps, some ups and downs. May be muddy in places. Wear suitable shoes or boots, bring a wet coat and a bus pass if you have one. Meet at Manchester Victoria Station by the information board at 10.30. If you want to come, phone Ian Burn on

SMu3a Groups A-Z LIST

Check Group News and this month's diary. Contact Group Leader before attending.

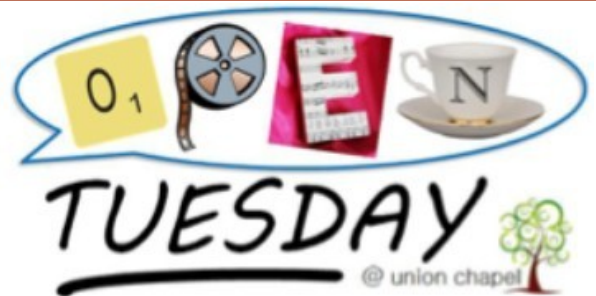
ANGLO SAXON AND MEDIEVAL HISTORY	Meetings are on the 1st and 3rd Mondays of the month at 10.30 via Zoom. This group covers all aspects of Anglo Saxon and Viking life in depth through language and social history readings and discussions. Beryl Cowen
ART APPRECIATION	Monthly meetings held at Didsbury Parsonage on the afternoon of the third Wednesday of the month cover a wide variety of artistic topics. Talks are either by the leader Diane Ward or guest speakers, followed by tea and discussion. Diane Ward
BIRDWATCHING AND NATURE	Meeting on the first Wednesday of every month from 11-12. Ideal Exploring birds in their natural habitats interacting with plants and trees. Rita Berriman
BOARD GAMES	Lots of different games are played by this group which meets at the Parris Wood pub from 2-4 pm on the second Friday of the month. Christine Salamone
BOOK GROUP 1	Meeting at 10.30 am in Meg's home in Didsbury on the first Wednesday of the month. A small friendly group who enjoy reading and discussing a wide variety of books. Meg Davis
BOOK GROUP 2	Held at Didsbury Library 1.30 pm on the fourth Thursday of the month, meetings are led by members in turn to discuss titles suggested and agreed by the group members. Tom Grimshaw
BOOK GROUP 3	This group meets on the second Thursday of the month at 1.30 pm. There's no fixed venue but we meet in our homes on a rota. Johanna Keane
BRIDGE	Held at the Nazarene Chapel on Dene Rd, Didsbury. We meet every Friday from 10 to 12 noon. We are experienced players of all skill levels and play the ACOL system of bridge. No partner is needed. Liz Thornhill
BRIDGE for BEGINNERS	This group meets weekly on Mondays from 1.30-3.30, at Emmanuel Parish Centre on Barlow Moor Rd. This group is for beginners and improvers although more experienced players are also welcome to join. You don't need a partner. Hilary Poole
CINEMA	Meeting on the last Friday of the month at 12.15 in the downstairs bar of HOME, 2 Tony Wilson Place. This group watches a variety films then meets afterwards to discuss them. Group Leader emails what's on the Tuesday before the meeting. Russell Ramsden
COMMUNITY SING-ALONG	This group sings well known songs in unison (no rehearsal time needed) in residential homes. Dates and times vary. Mike Evans
CREATIVE PHOTOGRAPHY	The group meets at Didsbury Parsonage at 10.30 on the second Monday of every month. The emphasis is on creativity rather than technical skill. Ann Howarth
CREATIVE WRITING	We meet at Withington Library on the last Friday of the month at 10.30 am. Members read and discuss their writings. New members always welcome. Gary Pearson
CURRENT AFFAIRS	This group meets to share and discuss items in the news on the 4th Thursday of the month at 1.30 pm in Ye Olde Cock pub, Didsbury. Adrienne Simpson
DRAMATIC READERS	Held on the 3rd Friday of the month, both face to face and by Zoom. Beryl Cowen
EGYPTOLOGY	This group meets at 10.30-12.30 on the third Thursday of the month at Didsbury Parsonage, to discuss all aspects of early Egyptian art and culture. Kathryn Fyfe
FRENCH CONVERSATION	We meet on the third Tuesday of the month 2 - 3pm at HOME cafe. Speakers of all levels of conversational French are welcome. Jean Thompson

GERMAN CONVERSATION	This group is for those who would like to practice their spoken German. Last Friday of the month at the Nazarene. Diane Ward
GETTING BY IN WELSH	At 10.30 on the first Friday of every month, this group meets at St Nicholas Church, Burnage, to discuss the language, history and culture of Wales. Beryl Cowen or Wena Stevenson
HOLIDAY GROUP	Keep an eye on the monthly newsletter for information about forthcoming holidays.
ITALIAN CONVERSATION	We are a small group looking to improve our Italian through listening and conversation. Please note that there is a separate group for learners – see Parliamo Italiano below. We meet on the 1st and 3rd Friday mornings of the month from 10.30 – 12.00. Annie Dodd
KEEP FIT	This fitness group caters for a variety of fitness levels – there is no competition! It meets every Friday morning at 11.30 at St Nicholas Church Hall in Burnage. Anne Clarke
KNIT AND NATTER	We work on either our own projects or on items for charity. Don't worry if you can't knit—this is the place to learn. It's never too late! We meet on the last Wednesday of the month at Nazarene College. Diane Ward
LOCAL INTEREST VISITS	These will be advertised in the newsletter from time to time. Jill Evans
LUNCH CLUB	The club meets monthly at a variety of local restaurants and pubs, chosen with a view to ease of parking or public transport as well as price. John Olbrich
OPERATIC AND VOCAL APPRECIATION SOCIETY (OVAS)	Lovers of opera and music meet from 3.30 – 5.45 on the last Wednesday of every month. Len Evans
PIANO GROUP	We are a small group for piano players to play to each other in a supportive and relaxed setting, and share ideas about anything piano-related. All types of music and all levels welcome. We meet monthly on a Thursday morning in Chorlton. Hilary Taylor
PARLIAMO ITALIANO Let's speak Italian!	A friendly and fun group for people who have little or no Italian but would like to learn. We aim to be able to understand and use familiar everyday expressions and basic phrases which would be of value on an Italian holiday. We aim to be able to interact in a simple way and to improve with time so that in due course, members could move on to the Italian Conversation group or attend both. We meet at St Christopher's Church, Moorgate Avenue, from 10.30 – 12.00 on the 2nd and 4th Fridays of the month. Andrew Bradbury
PHILOSOPHY	This group meets at 1.30 pm at Withington Library on the third Tuesday of the month. John Olbrich
PLAYREADING	Meetings are at Withington Library at 1.30 on the third Tuesday afternoon of the month. Numbers are limited for this group, but please contact the group leader to register your interest. Helen Nicolson
POETRY APPRECIATION	Poems on a chosen theme are discussed on the 1st Monday of the month from 11.00-12.30 at Victoria Grange, Barlow Moor Road. The group is currently full. Contact group leader to go on waiting list. Lynne Taylor
POETRY WRITING	This group meets on the 2 nd Friday of the month from 2pm – 4pm at Withington Library Paul Grace
PSYCHOLOGY	This group meets on the 1st Monday of the month at 2 pm via Zoom and the 4th Monday of the month face to face at St Nicholas Church, Burnage at 1pm. Beryl Cowen

SINGING FOR FUN	This group meets on the 2nd and 4th Tuesdays of the month at 2pm at Didsbury Baptist Church Judith Newton
SPANISH CONVERSATION	This group meets on the 1 st and 3 rd Thursdays of the month at 2 pm at the Slug and Lettuce in Didsbury Debbie Delange
TABLE TENNIS AND BADMINTON	Every Tuesday from 10.00-12.00, this group meets at the Armitage Centre, Moseley Road, Fallowfield. Equipment can be provided and the cost per session is £3.50. June Slatter
TAI CHI	Gentle exercise which benefits balance and calmness at the Lower Hall, Emmanuel Offices, behind the church from 1-2 pm every Tuesday. Peggy Foster
UKULELE	Would you like to strum and sing along with the ukelele group? Beginners are welcome. We meet from 10 – 11.15 at the Upper Hall of Emmanuel Parish Centre, behind the church, every Thursday Gerard Allcock
WALKING FOR HEALTH 1	Walks of around 3 miles are enjoyed by this group on the last Tuesday of every month. Details are given in the newsletter. Ian Burn
WALKING FOR HEALTH 2	This group meets on the second Wednesday of every month to follow the same route as Walking for Health Group 1. Anne Clarke

ANSWERS TO QUIZ

- i) Pandora ii) Medusa iii) Demeter and Persephone iv) Circe v) Minotaur
- vi) Icarus vii) Orpheus and Eurydice viii) Cyclops ix) Midas x) Hercules and the Hydra



OPEN TUESDAY

Activities, interesting discussions, films.

A selected film every other week with a discussion afterwards

7.30pm on Tuesday 9th September 2025 and every Tuesday thereafter

Always a warm welcome, tea, biscuits and a chat

FREE

Held in the Small Hall at the Union Chapel, top end of Wellington Road, Fallowfield, M14 6ER

For more information: <http://www.unionchapelbaptist.org.uk/open-tuesday/>

Or contact Megan Bennett:

August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 Bridge (weekly) 9:45-12:00 Italian Conversation 10:30 – 12:00 Getting by in Welsh. No meeting this month. Keep Fit 11:15-12:15</p>
<p>4 Poetry Appreciation 11:00-12:30 Victoria Grange. Beginners/ Improvers Bridge 13:30-15:30 <i>Note: this week we are in the UPPER HALL at Emmanuel.</i> <i>New players see 18th Aug.</i> Psychology. 14:00. Zoom</p>	<p>5 Table Tennis / Badminton 10:00 No Tai Chi this week. General Meeting 14:00- 16:00 Didsbury Baptist Church</p>	<p>6 Book Group 1. Meg's house 10:30. (closed group) Bird Watching & Nature. 11:00–12:00 If interested, contact Rita: 0161 434 7544</p>	<p>7 Ukulele 10:00 -11:15 Spanish Conversation 14:00 Slug & Lettuce</p>	<p>8 Bridge (weekly) 9:45-12:00 Parliamo Italiano (Andrew) 10:30-12:00 St. Christopher's Church Keep Fit 11:15-12:15 Board Games 14:00-16:00 Parrswood Pub Poetry Writing group now discontinued.</p>
<p>11 Creative Photography 10:30 The Parsonage Anglo Saxon. 12:00 <i>Note: this week we are in the carvery at The Parrswood Pub</i> Beginners/ Improvers Bridge 13:30-15:30 <i>New players see 18th Aug..</i></p>	<p>12 Table Tennis / Badminton 10:00 Tai Chi. 13:00-14:00 <i>Note: This week we will meet at The Parsonage,</i> Singing for fun 14:00 – 16:00 Didsbury Baptist Church.</p>	<p>13 Walking for Health 2. See Newsletter</p>	<p>14 Ukulele 10:00 -11:15 Book Group 3. 13:30 HOME Café, Emmanuel Church.</p>	<p>15 Bridge (weekly) 9:45-12:00 Italian Conversation 10:30 – 12:00 Keep Fit 11:15-12:15 Music & Mindfulness 14:00 – 15:00 St. Christopher's Church Moorgate Ave. M20 1HE</p>
<p>18 Community Sing-Along 14:00 BELONG M20 2UW Beginners/ Improvers Bridge 13:30-15:30 <i>Note: New players must contact Hilary before the session date.</i></p>	<p>19 Table Tennis / Badminton 10:00 Tai Chi 13:00-14:00 Playreading 13:30 Philosophy 13:30 (Withington Library) French Group 14:00-15:00 HOME Café, Emmanuel Church.</p>	<p>20 <i>Lunch Group. 13:00</i> <i>To be added to the list contact John at:</i> [REDACTED] Art Appreciation 14:00 The Parsonage, Stenner Lane.</p>	<p>21 Ukulele 10:00 -11:15 Egyptology No meeting this month. Piano Group 11:00 [REDACTED] <i>Note: Places are limited so please contact the group leader first.</i> Spanish Conversation 14:00</p>	<p>22 Bridge (weekly) 9:45-12:00 Parliamo Italiano. No meeting this week. Keep Fit 11:15-12:15 Music & Mindfulness 14:00 – 15:00 St. Christopher's Church Moorgate Ave. M20 1HE</p>
<p>25 Bank Holiday Beginners/ Improvers Bridge 13:30-15:30 <i>Note: this week we are meeting at Didsbury Good Neighbours Centre in Didsbury Park.</i> <i>New players see 18th Aug</i></p>	<p>26 Table Tennis / Badminton 10:00 Tai Chi 13:00-14:00 Singing for Fun. No meeting this week. Walking for Health 1 See Newsletter</p>	<p>27 Knit and Natter 14:00-15:30 Nazarene College Dene Rd. M20 2GU OVAS 15:00 – 17:15 [REDACTED]</p>	<p>28 Ukulele 10:00 -11:15 Chess 10:30 The Parsonage Current Affairs 13:30 The Old Cock Pub Book Group 2. No meeting this month</p>	<p>29 Bridge (weekly) 9:45-12:00 German Conversation 10:30 Creative Writing 10:30 Keep Fit 11:15-12:15 Cinema 12:15</p>