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Check out our website

Registered Charity Number
1168597

Web: www.south-manchester.u3asite.uk



www.facebook.com/groups/807060236097165

TIME TO ACT ON DEMENTIA.

WORLD ALZHEIMER'S MONTH

#TimeToActOnDementia
#TimeToActOnAlzheimer
#WorldAlzMonth
www.worldalzmonth.org

September is World Alzheimer's Month

The campaign is a chance for everyone to come together to raise awareness of dementia and to address the stigma and discrimination that still exists around the condition.

October 2025 Newsletter items to: editor.smu3anews@gmail.com

NO LATER than Sunday 21st September 2025

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Catering	Shirley Shaw		
Quiz Master	Tom Grimshaw		

GENERAL MEETING at DIDSBURY BAPTIST CHURCH

Tuesday 2nd September 2025 at 2.00pm

“The Discovery and Development of Graphene” by Dr. Ernie Hill

See page 5 for details

Parking at Didsbury Baptist Church - Would members please note that there is no parking at the church with the exception of temporary drop-off for the catering team. (Blue Badge holders could use double yellow lines)

If you have any information about members’ special birthdays, anniversaries, illness, bereavements, etc. please notify Kath Thompson on



Message from the Chair



Hello friends

You won't believe this, but I am busy learning lines for the pantomime season. (Oh no you're not! Oh yes I am!).

How fast this year is speeding by. Four months and we will be into a new year. I thought January would never end, and now spring and summer have gone and we are back with shorter days and glorious autumn colours on the trees. It is time to reminisce and perhaps rethink. Time to assess the successes and disappointments.

I had hoped to report back to you all from the Summer School but I had to cancel due to family concerns and a bereavement. I was disappointed but realised other needs were greater than mine. We all face disappointment, and perhaps the group you wanted to start never materialised, or maybe the group you loved has had to close. Let's face these together and build new experiences and new groups. There is always room for more. Time for a fresh start who knows? This month sees the start of a new group - Welsh Conversation.

On Tuesday 16th September 2025 at Didsbury Baptist church on School Lane, we are holding a coffee morning open to all members. We have a special guest that day who is a magician. He will entertain us with magic tricks and he will talk about his magic. Have coffee, meet friends and have some magical fun. I look forward to seeing you there. In the meantime, I have lines to learn. Oh yes I have!

Cheers

Beryl



COMMUNITY SING-ALONG GROUP

We are giving the following performances: -

Monday 29th September 2025 at 2pm at BELONG (M20 2UW)

Thursday 16th October 2025 at 2pm at BELONG

New voices are always welcome. We sing well-known songs in unison and without rehearsal.

Contact Mike Evans for more details on



COFFEE MORNING

Tuesday 16th September 2025 at 11am

Didsbury Baptist Church

Come along and enjoy a free tea or coffee together with a nice biscuit and a good chat!

New members are especially welcome. Come and meet the committee, make friends and find out what's on offer in our u3a

At this coffee morning, we are welcoming a magician who will perform for us. Details elsewhere in this newsletter

For more information, contact Andrew: smu3a.secretary@gmail.com

NATIONAL AND NORTH WEST NEWS

National: www.u3a.org.uk for latest news of u3a around the country and courses/events on offer.

National Newsletter: July's newsletter can be found here [July National Newsletter](#)

North West Region: <https://northwestregion.u3asite.uk/> for the latest information and newsletter

SOUTH MANCHESTER u3a NEWS

SMu3a welcomes the following new members

Katherine Reigate	Veronica Dean	June Pritchard	John Hickrey
Elizabeth Todd Jones	Marie Kirwan	Anne Freed Kemis	Paul Batstone
Philip Aspden	Catherine Obi	Derek Ridehalgh	Sue Brown
Pradip Patel			

Tradesperson Book

Is available at general meetings. It will only be of value if members use it, so please do.

South Manchester u3a General Meeting Speakers

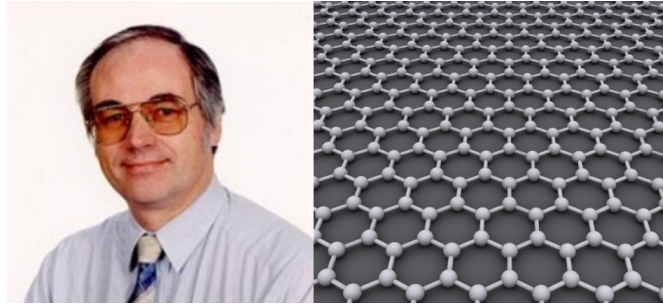
Tuesday 2nd September 2025 at 2pm	"The Discovery and Development of Graphene" by Dr. Ernie Hill
Tuesday 7th October 2025 at 2pm	"Osteopathy" by Jennifer Emmott
Tuesday 4th November 2025 at 2pm	"Hello Delia Murphy" by Carmel Cullen
Tuesday 2nd December 2025 at 2pm	A Performance by the SMu3a Ukulele Group Followed by a Christmas Quiz
Tuesday 6th January 2026 at 2pm	"The Neville Family and their Many Connections Including Didsbury, Burnage, and Bramall Hall" by Dr. Diana M Leitch BSc, PhD, FRSC
Tuesday 3rd February 2026 at 2pm	"The British in Palestine" by Paul Atherton
Tuesday 3rd March 2026 at 2.15pm	"Dementia. Can It Be Cured or Prevented?" by Dr. Robert Baldwin
Tuesday 7th April 2026 at 2pm	"My Life of Crime" by Simon Michael
Tuesday 5th May 2026 at 2pm	"All at Sea" by Mark Llewellyn
Tuesday 2nd June 2026 at 2pm	"Float to Live" by Gwyn Williams
Tuesday 7th July 2026 at 2pm	"Manchester Lost Buildings" by Jonathan Schofield
Tuesday 4th August 2026 at 2pm	"Centenarian Lady Hires Buff Butler" by Paul Isherwood

South Manchester u3a September General Meeting

Tuesday 2nd September at 2pm

At Didsbury Baptist Church, School Lane

“The Discovery and Development of Graphene” by Dr. Ernie Hill



Graphene was first isolated in a laboratory at the University of Manchester 21 years ago. Andre Geim and Konstantin Novoselov presented it to the world and later won a Nobel Prize for their work. Since its unveiling, billions of pounds of R&D funding have flowed to graphene, in a global race to exploit its peerless properties. It is better at carrying electricity than any metal, a superb heat conductor, and hundreds of times stronger than steel - selling points trumpeted in the marketing materials of universities and companies alike.

Dr. Ernie Hill, a senior lecturer at the University of Manchester, has spent much of his life researching this unique material. He will tell us about how graphene was discovered and how it has gone on to revolutionise our world.



SPEAKER SECRETARY

South Manchester u3a

We have an opportunity for someone to be our speaker secretary for the monthly general meetings of South Manchester u3a. This role is not difficult. We have access to the details of various speakers in the north west. Your role would be to make contact with these speakers and to arrange for them to talk at our general meetings.

Experience is not essential. You just need to be organised and friendly. Is this a job which interests you? If you require more details or to register your interest, please contact Andrew: smu3a.secretary@gmail.com



WELSH CONVERSATION

We have a new group which starts this month!

Siawns am Sgwrs. For Welsh language learners who have already made a good start with conversations and want more practice. This is not suitable for beginners.



We meet on the second Wednesday of the month from 10.30 - 12.00 at the Didsbury pub on Wilmslow Rd. Our first meeting is on 10th September. There are lots of buses and free parking.

For more information contact Megan Bennett:



WORLD ALZHEIMER'S MONTH



Alzheimer's
Society

World Alzheimer's Month is an international campaign held every year during September.

The campaign is a chance for everyone to come together to raise awareness of dementia and to address the stigma and discrimination that still exists around the condition. World Alzheimer's Day takes place during the month on 21st September.

Alzheimer's disease is the most common form of dementia in the UK.

Dementia is the name for a group of symptoms associated with an ongoing decline of brain function. It can affect memory, thinking skills and other mental abilities. The exact cause of Alzheimer's disease is not yet fully understood, although a number of things are thought to increase your risk of developing the condition. These include:

- Increasing age
- A family history of the condition
- Untreated depression, although depression can also be one of the symptoms of Alzheimer's disease
- Lifestyle factors and conditions associated with cardiovascular disease

Signs and symptoms of Alzheimer's disease

Alzheimer's disease is a progressive condition, which means the symptoms develop gradually over many years and eventually become more severe. It affects multiple brain functions.

The first sign of Alzheimer's disease is usually minor memory problems.

For example, this could be forgetting about recent conversations or events, and forgetting the names of places and objects.

As the condition develops, memory problems become more severe and further symptoms can develop, such as:

- confusion, disorientation and getting lost in familiar places
- difficulty planning or making decisions
- problems with speech and language
- problems moving around without assistance or performing self-care tasks
- behaviour changes, such as becoming aggressive or suspicious of others
- hallucinations (seeing or hearing things that are not there) and delusions (believing things that are untrue)
- low mood or anxiety

Who is affected?

Alzheimer's disease is most common in people over the age of 65.

The risk of Alzheimer's disease and other types of dementia increases with age, affecting an estimated 1 in 14 people over the age of 65 and 1 in every 6 people over the age of 80.

But around 1 in every 13 people with Alzheimer's disease are under the age of 65. This is called early- or young-onset Alzheimer's disease.

Getting a diagnosis

As the symptoms of Alzheimer's disease progress slowly, it can be difficult to recognise that there's a problem. Many people feel that memory problems are simply a part of getting older.

An accurate and timely diagnosis of Alzheimer's disease can give you the best chance to prepare and plan for the future, as well as receive any treatment or support that may help.

If you're worried about your memory or think you may have dementia, it's a good idea to see a GP.

If possible, someone who knows you well should be with you as they can help describe any changes or problems they have noticed.

If you're worried about someone else, encourage them to make an appointment and perhaps suggest that you go along with them.

There's no single test that can be used to diagnose Alzheimer's disease. And it's important to remember that memory problems do not necessarily mean you have Alzheimer's disease.

How Alzheimer's disease is treated

There's currently no cure for Alzheimer's disease, but medicines are available that can help relieve some of the symptoms.

Various other types of support are also available to help people with Alzheimer's live as independently as possible, such as making changes to your home environment so it's easier to move around and remember daily tasks.

Psychological treatments such as cognitive stimulation therapy may also be offered to help support your memory, problem solving skills and language ability.

Can Alzheimer's disease be prevented?

As the exact cause of Alzheimer's disease is not clear, there's no known way to prevent the condition.

But there are things you can do that may reduce your risk or delay the onset of dementia, such as:

- stopping smoking and cutting down on alcohol
- eating a healthy, balanced diet and maintaining a healthy weight
- staying physically fit and mentally active

These measures have other health benefits, such as lowering your risk of cardiovascular disease and improving your overall mental health.

Why does World Alzheimer's Month matter?

Today, nearly one million people in the UK live with dementia. That's almost a million families living with the condition. Yet too often their voices go unheard.

This World Alzheimer's Month we're amplifying those millions of voices – people living with dementia, their carers, their families and their friends.

Dementia research

There are dozens of dementia research projects going on around the world, many of which are based in the UK.

If you have a diagnosis of dementia or are worried about memory problems, you can help scientists better understand the disease by taking part in research.

If you're a carer for someone with dementia, you can also take part in research.

You can sign up to take part in trials on the [NHS Join Dementia Research website](#).



HOW DID HE DO THAT?

Come to the coffee morning on Tuesday 16th September 2025 to find out. The coffee morning is held in the Didsbury Baptist church between 11.00 and 12.00.



Robert Newgrosh is a magician who runs a developmental program in primary schools using magic tricks to boost confidence and self esteem in children. This can help with speech and communication skills, memory and lateral thinking, as well as improving dexterity.

He will be at the coffee morning on 16th September to give a talk about his work and, (even better), a close up demonstration, and, if we're good, even teach us how to do a trick or two ourselves! This is a 30 minute performance and because it is close up is only suitable for 15-20 people, so it will be in a separate area of the hall to the coffee and socialising area. We may need to run two sessions during the coffee morning to let everyone see the magic.

All are welcome – come just for coffee and chat or come and find out more about this intriguing project.

MANCHESTER ORGANIC GARDENERS

Welcoming all gardeners in the Greater Manchester area

Saturday 13th September 2025

Prairie Planting

By

Anthony Norman of Conquest Plants Nursery

2pm at St Elizabeth's Church Hall, Lomond Road, Peel Hall, near Heald Green, M22 5JF

£3 members / £5 guests includes light refreshments

Enquiries: MOrganicG22@gmail.com



DIDSBURY HERITAGE OPEN DAYS 2025



Friday 12th September 2025 at Didsbury C of E School at 6.30pm

“Some Didsbury Buildings: Those That Disappeared During The 19th/20th Centuries and Those That Still Survive Today”

By Dr Diana Leitch BSc, PhD, FRSC

Diana will describe and illustrate some interesting buildings and homes which were created in the 18th and 19th centuries, including where they were and who lived in them and whether they still exist or have disappeared. A fully illustrated talk which may surprise you and set you looking for those that still exist



It is with great sadness that I share the news of the death of **Eric Midwinter**, one of the visionary co-founders of the u3a movement in the UK.

Eric, alongside Peter Laslett and Michael Young, established u3a in 1982 with the belief that later life should be a time of continued learning, connection, and contribution. Eric's commitment to challenging negative stereotypes of ageing, and to creating spaces for older adults to share skills, knowledge, and friendship, has shaped the lives of hundreds of thousands of u3a members over four decades.

Eric's vision has flourished over the years and we know that his legacy will continue to inspire new generations to embrace lifelong learning and positive ageing.

We extend our deepest sympathies to Eric's family and friends at this time.

You can watch a conversation between Eric and Liz Thackray about the movement, recorded in 2022 for our 40th Anniversary, on [our YouTube Channel](#).

Iain Cassidy
CEO of the Third Age Trust



This month it is 23 years since South Manchester u3a was first set up.



That means that in just 2 years time in 2027, we will be celebrating our silver anniversary.

We would like to put together an article for the newsletter in September 2027 commemorating the setting up of SMu3a. Were you present at that first meeting in 2002 or did you attend those early meetings in 2002 and 2003? What are your memories of those meetings? What groups were being offered? What groups did you choose to join? What new friendships did you make in those early days which still last to today? Do you have any photographs of those days? Do you have any documents or flyers from 2002/03?

I know that our 25th anniversary is 2 years away, but I would like to gather your memories now. It sounds awful, but we are all getting older and I would hate for those memories to be lost.

If you can help in any way, even if you think that your contribution is trivial, please get in touch with the Editor: editor.smu3anews@gmail.com

If you prefer to write something down, please hand it to Ian Burn or any other committee member at our monthly meeting. If you can supply a photograph, I can scan it and let you have the original back.



Didsbury Probus Programme 2025

Didsbury and District Probus Group meet on the 1st and 3rd Thursday of the month. Unlike many Probus clubs, we are a mixed group of men and women. Annual membership is £40.

Thursday 4th September 2025

“High Peak Dam Busters” by Frank Pleszak

Low level flying trials for the “Dam Buster Raids” were carried out by 617 squadron on Ladybower Dam in Derbyshire. Frank tells us of all the trials and tribulations in trying to perfect this daring raid on the Ruhr Valley Dams.

Thursday 18th September 2025

“Electric Cars” by Martin Rowley

The development of electric cars started with crude electrical vehicles in the late 1820’s and early 1830’s. Commercially available electric vehicles were around 1890. The first land speed record in 1900 was held by an electric vehicle. In the early 1900’s, the cost, low speed and short distance range, made the internal combustion engine more desirable, although electric cars were much preferred by women as they didn’t have to hand crank the car to start it. That was until the electric starter motor was developed. In 1971, the “Lunar Roving Electric Vehicle” achieved 22 miles on its longest journey. But where are we today?

All meetings are held in the Didsbury Baptist Church, School Lane, opposite the Scout Hut and Didsbury Metrolink station.

Tea/coffee and biscuits are served from 10.30am before the talk at 11am.

Visitors are very welcome. Any donations from visitors to help with running costs would be very helpful.

CYCLING FOR OLDER PEOPLE

We are a group of “older” people who enjoy cycling for fun on mainly off-road routes and always go for a coffee during the ride.

We meet every Tuesday and Thursday at 10.00am at Wythenshawe Park athletics track. We are usually back for around 12.30pm.

We can provide cycles and helmets, but people must be able to ride a bike.

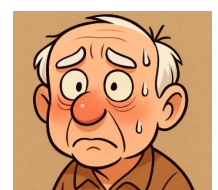
For more information contact Christine Alase:



Please note that this is not a South Manchester u3a group



A human fart can be louder than a trombone!
I discovered that at my granddaughter’s school concert





OPEN TUESDAY

Activities, interesting discussions, films.

A selected film every other week with a discussion afterwards

7.30pm on Tuesday 9th September 2025 and every Tuesday thereafter

Always a warm welcome, tea, biscuits and a chat

FREE

Held in the Small Hall at the Union Chapel, top end of Wellington Road, Fallowfield, M14 6ER

For more information: <http://www.unionchapelbaptist.org.uk/open-tuesday/>

Or contact Megan Bennett:

Manchester Peterloo Speakers Club

*where you become a better speaker,
better presenter and better leader*

We practice public speaking in a friendly, fun and sociable environment. Come along and see what we do. The first two attendances are free before joining.

We are affiliated to the Association of Speakers Clubs (ASC) and we use "The Speaker's Guide" to gain confidence to speak in front of an audience.

The club meets on the second Tuesday of the month at 7.30pm starting on 9th September 2025.

Our meetings are held at the Northern Tennis Club, Palatine Road, West Didsbury, M20 3YA.



WEST DIDSBURY ASTRONOMICAL SOCIETY

EVERYONE WELCOME - FROM COMPLETE BEGINNER TO EXPERIENCED ASTRONOMER

Monday 8th September at 7pm

"Much Ado About Nothing" by David Temperley

The nature of interstellar space

As usual, meetings take place at Nazarene Theological College. Visitors welcome.

For more details visit www.wdas2.com.

HERITAGE OPEN DAYS IN DIDSBURY - SEPTEMBER 2025



The organising team of Cllr. Richard Kilpatrick, Sue Good and Diana Leitch have been busy over the past few months pulling together the information about the arrangements for Heritage Open Days in Didsbury in September 2025. This information will be on the English Heritage website soon, but here is advance information about some of the activities and buildings which will be open. More detail will be available later.

Friday 12th September at 6.30pm in the School Hall at Didsbury C of E Primary School, Elm Grove, Didsbury.

Diana Leitch, Didsbury Parish Historian, will give a talk entitled '*Some Didsbury Buildings - those that disappeared during the 19th/20th centuries and those that survived to the present day*'.

A **donation of £5 per person** is suggested to attend the talk and the money will go to the **British Red Cross** who worked tirelessly to support families in the flooding by the River Mersey on New Year's Day 2025.

Here are the buildings which will be open:-

St James' Church - Sunday 14th September plus bell ringing 12.00 -16.00

The Old Parsonage - Saturday 13th, Sunday 14th, Saturday 20th and Sunday 21st 10.00 to 17.00 each day

The Towers - Sunday 14th September 13.00-17.00

Didsbury C of E Primary School - Saturday 13th September 10.00-16.00

Warburton Street - Saturday 13th and Saturday 20th - shops open

Didsbury Library - Saturday 13th and Saturday 20th 09.00-17.00 each day

Nazarene College - Saturday 13th 10.30-13.00

Manchester Islamic Centre - Sunday 14th and Sunday 21st 12.00-16.00



Opera at Menorah

Opera for All and Menorah Synagogue

Opera Appreciation with Diana Rosenthal

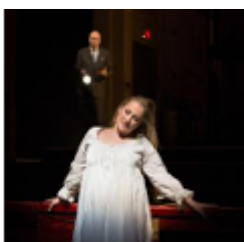
All events are on Thursdays at 1.30pm

£10 per performance, paid at the door using card payment

Menorah Synagogue, 198 Altrincham Road, Wythenshawe, Manchester, M22 4RZ

Go to <https://menorah.org.uk/opera/> for more information

18th September 2025



LA SONNAMBULA (BELLINI)

The third of the four epic music dramas that constitute Richard Wagner's *Der Ring des Nibelungen*. The eponymous hero is a fearless son of nature who fights to win back the ring forged from the Rheingold and to free Brunhilde from her enchanted sleep atop a mountain.

**FREE
TO
ATTEND**



WALKING

WYTHENSHAW FORUM SPORTS HALL, FORUM CENTRE,
SIMONSWAY, WYTHENSHAW, MANCHESTER M22 5RX

CRICKET

Walking Cricket is a fun, social and welcoming format of the game, played at a slightly slower pace and is ideal for men and women aged 50 plus, it is the perfect way to remain involved with the game and meet new people whilst staying active

EVERY TUESDAY FROM 1PM UNTIL 2PM - STARTING ON TUESDAY 9 SEPTEMBER



- SUITABLE FOR ALL ABILITIES**
- IMPROVE PHYSICAL FITNESS**
- SOCIAL INTERACTION**
- MEET NEW FRIENDS**
- HAVE ACTIVE FUN**
- IMPROVE MENTAL HEALTH**

For more information, contact:
EMAIL Kay Floyd
ON kfloyd@lancashirecricket.co.uk
OR CALL 07917 750 924

Lancashire Cricket Foundation is a Company Limited by Guarantee [5394384] and a Registered Charity [1121855]

@lancsFDN
lancashirecricket.co.uk/foundation

QUIZ

SEEN FROM ABOVE



1



2



3

IDENTIFY THESE LANDMARKS



4



5



6



7



8



9



10

ANSWERS ON PAGE 18



Walking for Health Group 1 – Tuesday 29th July 2025

Cheadle to Bramhall Green via Ladybrook Valley



As we met up outside the cinema in Parrs Wood, I feared that the heavens might open since rain had been predicted. Thankfully, the rain never came and the weather was warm and pleasant. A short bus ride took us to Cheadle where we walked through Brookfields Park and around the back of Life Leisure gym. A wooded path took us into Cheadle Hulme where we joined the Ladybrook Valley Way. Our peace and quiet was disturbed by the army of parakeets which now call the area their home. Nevertheless, we pressed on into Bramhall Park. A short stop here to say hello to the ducks, then on to the Ladybrook Hotel for lunch.

Walking for Health Group 2 Walk - Wednesday 10th September 2025

Bromley Cross and Jumbles Reservoir

A 2.8-mile walk around Jumbles reservoir. Some steps, some ups and downs. May be muddy in places. Wear suitable shoes or boots, bring a wet coat and a bus pass if you have one. Meet at Manchester Victoria train station by the information board at 10.30. Lunch at the Railway pub in Bromley Cross. If you want to come, phone Anne Clarke on



Walking for Health Group 1 Walk - Tuesday 30th September 2025

Higher Broughton to Salford Crescent

A 3.3-mile walk on good paved paths, except for one stretch which could be muddy. Downhill to start then level. Some steps, no stiles. Wear suitable shoes or boots, bring a wet coat and a bus pass if you have one. Meet at Manchester Victoria train station by the information board at 10.25. Lunch available at the Old Pint Pot pub. If you want to come, phone Ian Burn on

SMu3a Groups A-Z LIST

Check Group News and this month's diary. Contact Group Leader before attending.

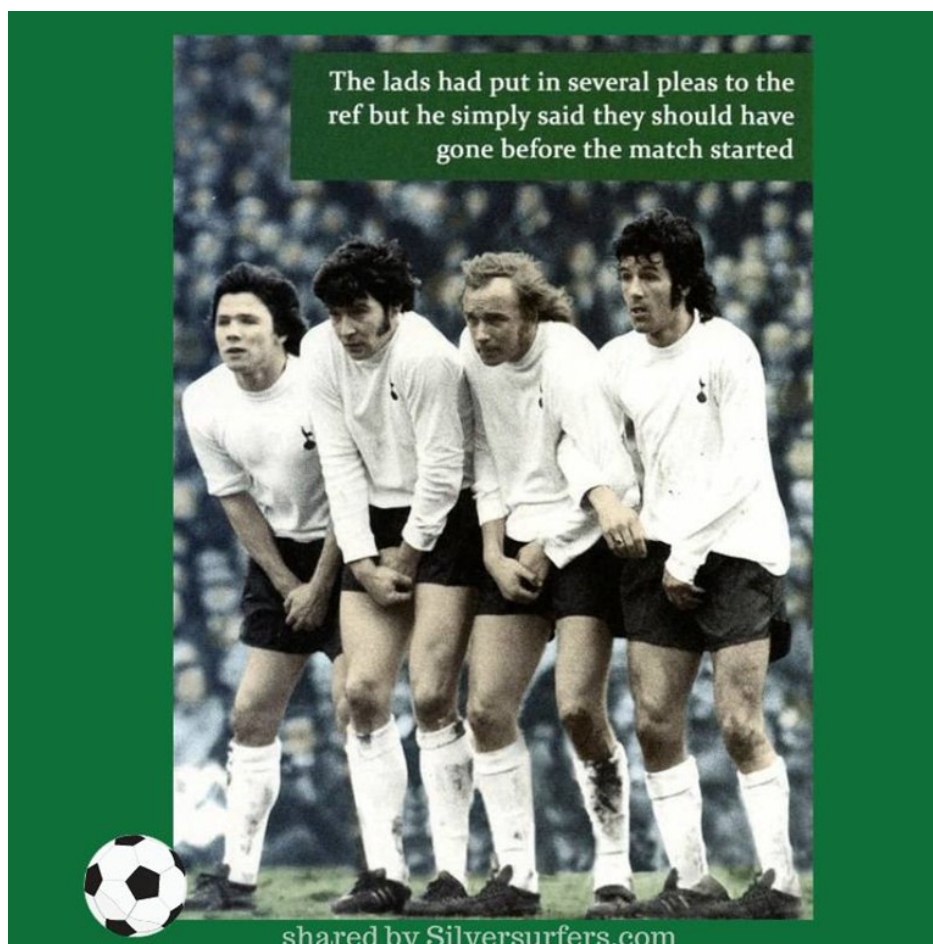
ANGLO SAXON AND MEDIEVAL HISTORY	Meetings are on the 1st and 3rd Mondays of the month at 10.30 via Zoom. This group covers all aspects of Anglo Saxon and Viking life in depth through language and social history readings and discussions. Beryl Cowen
ART APPRECIATION	Monthly meetings held at Didsbury Parsonage on the afternoon of the third Wednesday of the month cover a wide variety of artistic topics. Talks are either by the leader Diane Ward or guest speakers, followed by tea and discussion. Diane Ward
BIRDWATCHING AND NATURE	Meeting on the first Wednesday of every month from 11-12. Ideal Exploring birds in their natural habitats interacting with plants and trees. Rita Berriman
BOARD GAMES	Lots of different games are played by this group which meets at the Parris Wood pub from 2-4 pm on the second Friday of the month. Christine Salamone
BOOK GROUP 1	Meeting at 10.30 am in Meg's home in Didsbury on the first Wednesday of the month. A small friendly group who enjoy reading and discussing a wide variety of books. Meg Davis
BOOK GROUP 2	Held at Didsbury Library 1.30 pm on the fourth Thursday of the month, meetings are led by members in turn to discuss titles suggested and agreed by the group members. Tom Grimshaw
BOOK GROUP 3	This group meets on the second Thursday of the month at 1.30 pm. There's no fixed venue but we meet in our homes on a rota. Johanna Keane
BRIDGE	Held at the Nazarene Chapel on Dene Rd, Didsbury. We meet every Friday from 10 to 12 noon. We are experienced players of all skill levels and play the ACOL system of bridge. No partner is needed. Liz Thornhill
BRIDGE for BEGINNERS	This group meets weekly on Mondays from 1.30-3.30, at Emmanuel Parish Centre on Barlow Moor Rd. This group is for beginners and improvers although more experienced players are also welcome to join. You don't need a partner. Hilary Poole
CINEMA	Meeting on the last Friday of the month at 12.15 in the downstairs bar of HOME, 2 Tony Wilson Place. This group watches a variety of films, then meets afterwards to discuss them. Group Leader emails what's on the Tuesday before the meeting. Russell Ramsden
COMMUNITY SING-ALONG	This group sings well known songs in unison (no rehearsal time needed) in residential homes. Dates and times vary. Mike Evans
CREATIVE PHOTOGRAPHY	The group meets at Didsbury Parsonage at 10.30 on the second Monday of every month. The emphasis is on creativity rather than technical skill. Ann Howarth
CREATIVE WRITING	We meet at Withington Library on the last Friday of the month at 10.30 am. Members read and discuss their writings. New members always welcome. Gary Pearson
CURRENT AFFAIRS	This group meets to share and discuss items in the news on the 4th Thursday of the month at 1.30 pm in Ye Olde Cock pub, Didsbury. Adrienne Simpson
DRAMATIC READERS	Held on the 3rd Friday of the month, both face to face and by Zoom. Beryl Cowen
EGYPTOLOGY	This group meets at 10.30-12.30 on the third Thursday of the month at Didsbury Parsonage, to discuss all aspects of early Egyptian art and culture. Kathryn Fyfe
FRENCH CONVERSATION	We meet on the third Tuesday of the month 2 - 3pm at HOME cafe. Speakers of all levels of conversational French are welcome. Jean Thompson

GERMAN CONVERSATION	This group is for those who would like to practice their spoken German. Last Friday of the month at the Nazarene. Diane Ward
GETTING BY IN WELSH	At 10.30 on the first Friday of every month, this group meets at St Nicholas Church, Burnage, to discuss the language, history and culture of Wales. Beryl Cowen or Wena Stevenson
HOLIDAY GROUP	Keep an eye on the monthly newsletter for information about forthcoming holidays.
ITALIAN CONVERSATION	We are a small group looking to improve our Italian through listening and conversation. Please note that there is a separate group for learners – see Parliamo Italiano below. We meet on the 1st and 3rd Friday mornings of the month from 10.30 – 12.00. Annie Dodd
KEEP FIT	This fitness group caters for a variety of fitness levels – there is no competition! It meets every Friday morning at 11.30 at St Nicholas Church Hall in Burnage. Anne Clarke
KNIT AND NATTER	We work on either our own projects or on items for charity. Don't worry if you can't knit—this is the place to learn. It's never too late! We meet on the last Wednesday of the month at Nazarene College. Diane Ward
LOCAL INTEREST VISITS	These will be advertised in the newsletter from time to time. Jill Evans
LUNCH CLUB	The club meets monthly at a variety of local restaurants and pubs, chosen with a view to ease of parking or public transport as well as price. John Olbrich
OPERATIC AND VOCAL APPRECIATION SOCIETY (OVAS)	Lovers of opera and music meet from 3.30 – 5.45 on the last Wednesday of every month. Len Evans
PIANO GROUP	We are a small group for piano players to play to each other in a supportive and relaxed setting, and share ideas about anything piano-related. All types of music and all levels welcome. We meet monthly on a Thursday morning in Chorlton. Hilary Taylor
PARLIAMO ITALIANO Let's speak Italian!	A friendly and fun group for people who have little or no Italian but would like to learn. We aim to be able to understand and use familiar everyday expressions and basic phrases which would be of value on an Italian holiday. We aim to be able to interact in a simple way and to improve with time so that in due course, members could move on to the Italian Conversation group or attend both. We meet at St Christopher's Church, Moorgate Avenue, from 10.30 – 12.00 on the 2nd and 4th Fridays of the month. Andrew Bradbury
PHILOSOPHY	This group meets at 1.30 pm at Withington Library on the third Tuesday of the month. John Olbrich
PLAYREADING	Meetings are at Withington Library at 1.30 on the third Tuesday afternoon of the month. Numbers are limited for this group, but please contact the group leader to register your interest. Helen Nicolson
POETRY APPRECIATION	Poems on a chosen theme are discussed on the 1st Monday of the month from 11.00-12.30 at Victoria Grange, Barlow Moor Road. The group is currently full. Contact group leader to go on waiting list. Lynne Taylor
PSYCHOLOGY	This group meets on the 1st Monday of the month at 2 pm via Zoom and the 4th Monday of the month face to face at St Nicholas Church, Burnage at 1pm. Beryl Cowen
SINGING FOR FUN	This group meets on the 2nd and 4th Tuesdays of the month at 2pm at Didsbury Baptist Church Judith Newton

SPANISH CONVERSATION	This group meets on the 1 st and 3 rd Thursdays of the month at 2 pm at the Slug and Lettuce in Didsbury Debbie Delange
TABLE TENNIS AND BADMINTON	Every Tuesday from 10.00-12.00, this group meets at the Armitage Centre, Moseley Road, Fallowfield. Equipment can be provided and the cost per session is £3.50. June Slatter
TAI CHI	Gentle exercise which benefits balance and calmness at the Lower Hall, Emmanuel Offices, behind the church from 1-2 pm every Tuesday. Peggy Foster
UKULELE	Would you like to strum and sing along with the ukelele group? Beginners are welcome. We meet from 10 – 11.15 at the Upper Hall of Emmanuel Parish Centre, behind the church, every Thursday Gerard Allcock
WALKING FOR HEALTH 1	Walks of around 3 miles are enjoyed by this group on the last Tuesday of every month. Details are given in the newsletter. Ian Burn
WALKING FOR HEALTH 2	This group meets on the second Wednesday of every month to follow the same route as Walking for Health Group 1. Anne Clarke
WELSH CONVERSATION	Siawns am Sgwrs. For learners who have already made a good start with conversations and want more practice. Not suitable for beginners. We meet monthly on the 2nd Wednesday from 10.30 - 12.00 at the Didsbury pub on Wilmslow Road Megan Bennett

ANSWERS TO QUIZ

1. Arc de Triomphe
2. Sydney Opera House
3. Buckingham Palace
4. Disneyland
5. Uluru / Ayres Rock
6. The Statue of Liberty
7. The Angel of the North
8. The Colosseum
9. Stonehenge
10. Kaaba



Sept 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Anglo Saxon and Medieval History Via Zoom 10:30</p> <p>Poetry Appreciation 11:00-12:30 Victoria Grange</p> <p>Psychology 14:00 Zoom</p> <p>Beginners/Improvers Bridge 13:30 - 15:30 <i>New players see info for 8th Sept below.</i></p>	<p>2 Table Tennis / Badminton 10:00</p> <p>TaiChi 13:00-14:00</p> <p>General Meeting 14:00- 16:00 Didsbury Baptist Church</p>	<p>3 Book Group 1. Meg's house 10:30. (Closed group)</p> <p>Bird Watching & Nature. 11:00–12:00 If interested, contact Rita: 0161 434 7544</p>	<p>4 Ukulele 10:00 - 11:15</p> <p>Spanish Conversation 14:00</p>	<p>5 Bridge 10:00-12:00 * <i>*Note: Bridge is every week</i></p> <p>Italian Conversation 10:30–12:00</p> <p>Getting by in Welsh 10:30 St. Nicholas Church, Kingsway Burnage</p> <p>Keep Fit 11:15-12:15</p>
<p>8</p> <p>Beginners/Improvers Bridge 13:30 - 15:30 <i>New players must email Hilary before the session date.</i></p>	<p>9 Table Tennis / Badminton 10:00</p> <p>TaiChi 13:00-14:00</p> <p>Singing for fun 14:00–16:00 Didsbury Baptist Church.</p>	<p>10</p> <p>New Group: Welsh Conversation 10:30-12noon The Didsbury Pub Wilmslow Rd.</p> <p>Walking for Health 2. See Newsletter</p>	<p>11</p> <p>Ukulele 10:00 - 11:15</p> <p>Book Group 3. 13:30 HOME Café, Emmanuel Church.</p>	<p>12</p> <p>Bridge 10:00-12:00 *</p> <p>Parliamo Italiano (Andrew) 10:30-12:00 St. Christopher's Church Moorgate Ave M20 1HE</p> <p>Keep Fit 11:15-12:15</p> <p>Board Games 14:00-16:00 Parrswood Pub</p>
<p>15 Anglo Saxon and Medieval History Via Zoom 10:30</p> <p>Creative Photography 10:30 The Parsonage</p> <p>Beginners/ Improvers Bridge 13:30 - 15:30 <i>New players see info for 8th Sept above.</i></p>	<p>16 Table Tennis/ Badminton 10:00</p> <p>No TaiChi this week.</p> <p>Playreading 13:30</p> <p>Philosophy 13:30 Withington Library</p> <p>French Group 14:00-15:00 HOME Café</p>	<p>17</p> <p>Lunch Group. See Weds. 24th Sept.</p> <p>Art Appreciation 14:00 The Parsonage.</p>	<p>18 Ukelele 10:00- 11:15</p> <p>Egyptology. No meeting this month.</p> <p>Piano Group 11:00. We meet in group members' homes in Chorlton & Didsbury. Contact Hilary for details. (07800 004000)</p> <p>Spanish Conversation 14:00</p>	<p>19</p> <p>Bridge 10:00-12:00 *</p> <p>Italian Conversation 10:30–12:00</p> <p>Keep Fit 11:15-12:15</p> <p>Music & Mindfulness 14:00 – 15:00 St. Christopher's Church Moorgate Ave. M20 1HE</p>
<p>22</p> <p>Beginners/ Improvers Bridge 13:30 - 15:30 <i>New players see info for 8th Sept.</i></p> <p>29 Beginners/ Improvers Bridge 13:30 - 15:30 <i>New players see info for 8th Sept</i></p> <p>Psychology 13:30 St. Nicholas Church, Kingsway Burnage</p> <p>Community Sing-Along 14:00 BELONG M20 2UW</p>	<p>23 Table Tennis / Badminton 10:00</p> <p>TaiChi 13:00-14:00</p> <p>Singing for fun 14:00–16:00 Didsbury Baptist Church.</p> <p>Walking for Health 1. See Newsletter</p>	<p>24</p> <p>Lunch Group. 13:00 <i>To be added to the list contact John at:</i></p> <p>Knit & Natter 14:00-15:30 Nazarene Dene Rd. M20 2GU</p> <p>OVAS 15:00 – 17:15</p>	<p>25</p> <p>Ukulele 10:00 - 11:15</p> <p>Book Group 2. 13:30 Didsbury Library</p> <p>Current Affairs 13:30 The Olde Cock Pub</p>	<p>26</p> <p>Bridge 10:00-12:00 *</p> <p>Creative Writing 10:30</p> <p>German Conversation 10:30 (Nazarene)</p> <p>Parliamo Italiano (Andrew) 10:30-12:00 St. Christopher's Church Moorgate Ave M20 1HE</p> <p>Keep Fit 11:15-12:15</p> <p>Cinema 12:15</p> <p>Music & Mindfulness 14:00 – 15:00 St. Christopher's Church Moorgate Ave. M20 1HE</p>